

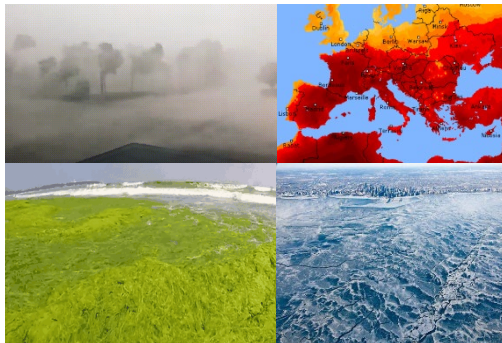
大气科学与海洋科学

现实主义



每日/月/年

魔幻现实主义



某日/月/年

理想主义



有日/月/年



热浪与心浪：高温时代， 如何安放我们的气候焦虑？

杨海军

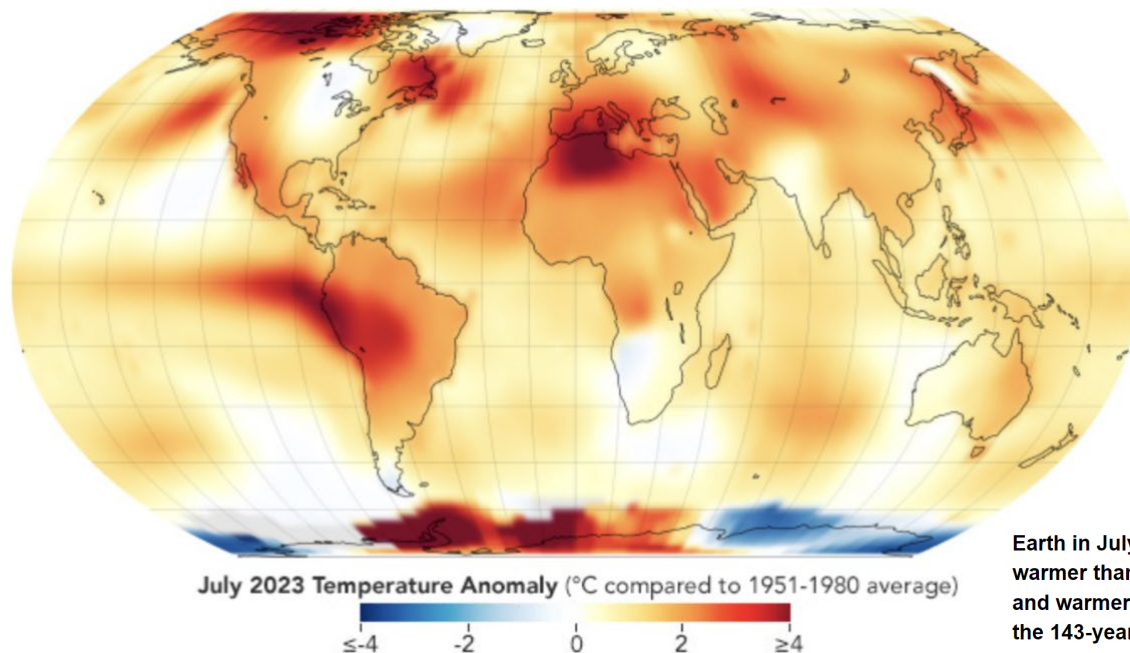
<https://corp.fudan.edu.cn>

复旦大学大气与海洋科学系/大气科学研究所

2025年11月13日



July 2023 Was the Hottest Month on Record



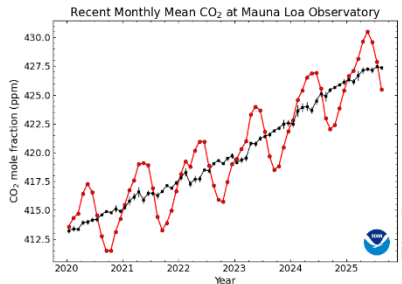
Earth in July 2023 was 1.18°C (2.12°F) warmer than the average for the month, and warmer than any other month in the 143-year record.

NASA/GSFC/Scientific Visualization Studio
<https://www.giss.nasa.gov>

A Rapid Rising Greenhouse Gases

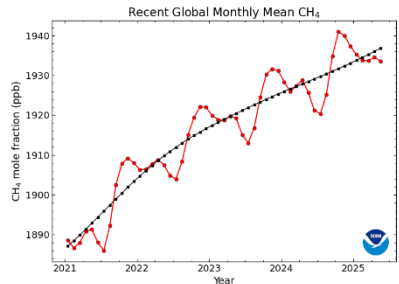
June 2025: 425.83 ppm
June 2024: 423.22 ppm

Last updated: Sep 05, 2025



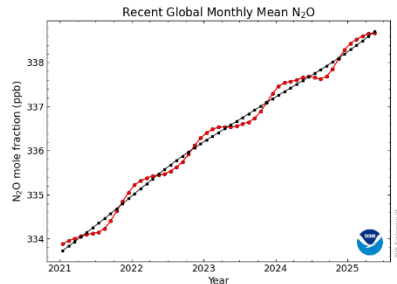
May 2025: 1933.54 ppb
May 2024: 1925.71 ppb

Last updated: Sep 05, 2025



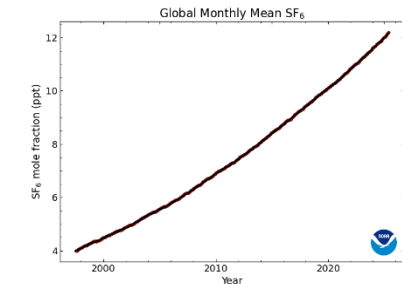
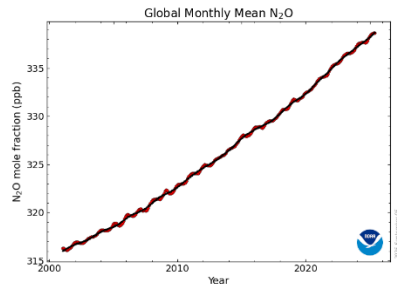
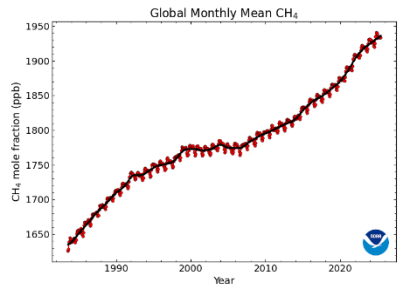
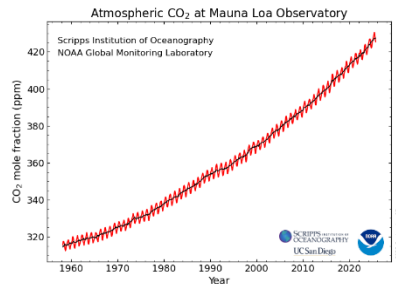
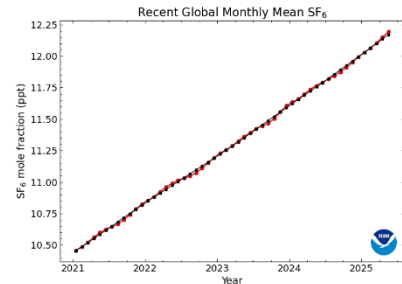
May 2025: 338.66 ppb
May 2024: 337.66 ppb

Last updated: Sep 05, 2025



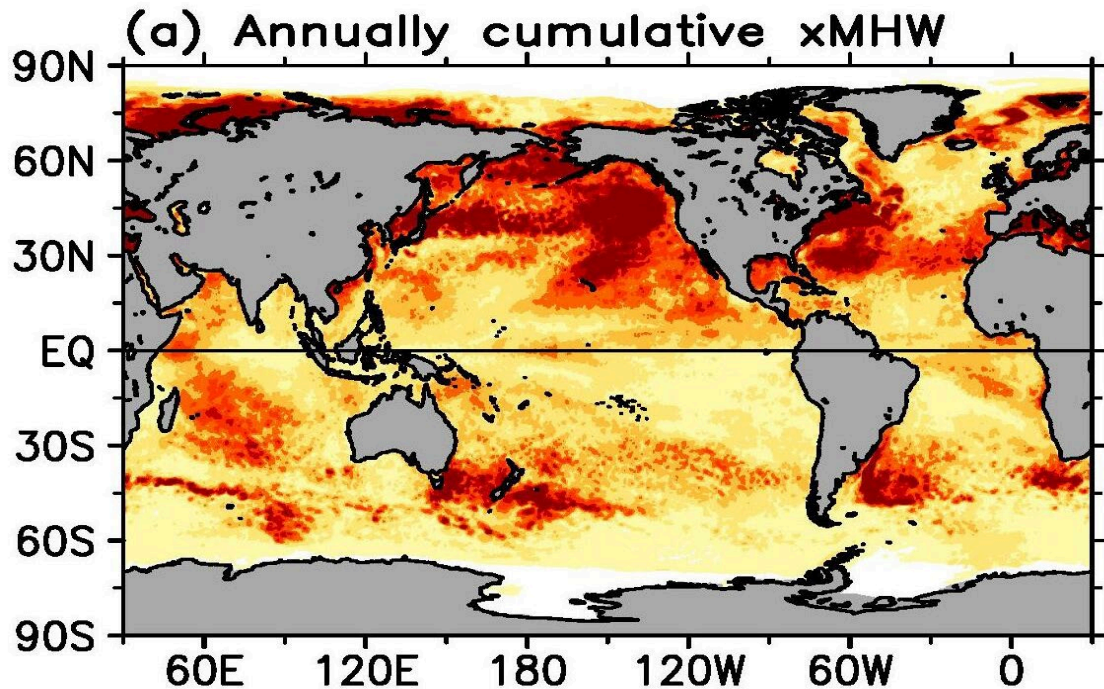
May 2025: 12.20 ppt
May 2024: 11.77 ppt

Last updated: Sep 05, 2025



<https://www.esrl.noaa.gov/gmd/ccgg/trends/gr.html>

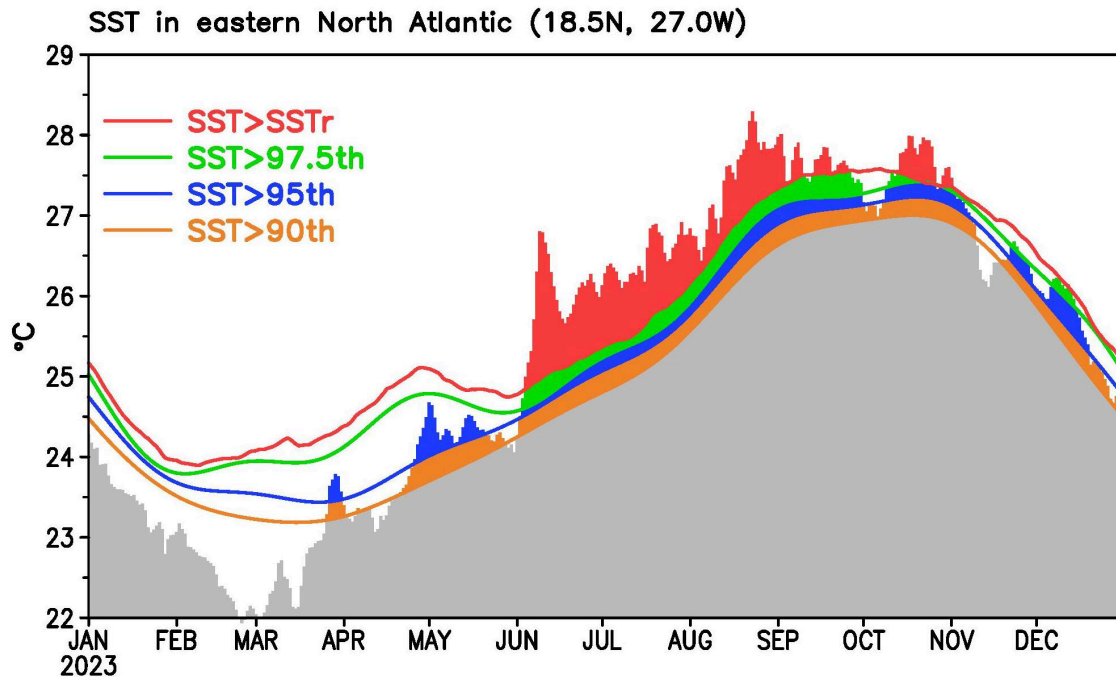
极端海洋热浪发生的海域



Huang et al. (2025)

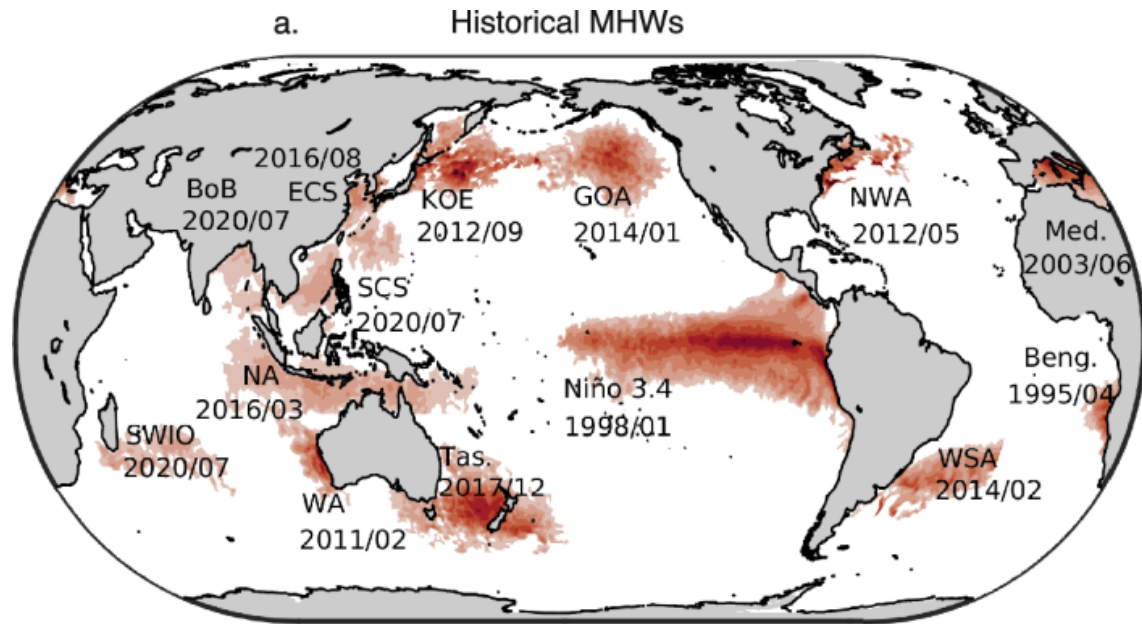
NOAA Environmental Satellite and Information Service | National Centers for Environmental Information

An xMHW ($SST > SST_r$) in NE. Atlantic (18.5N, 27.0W) in 2023



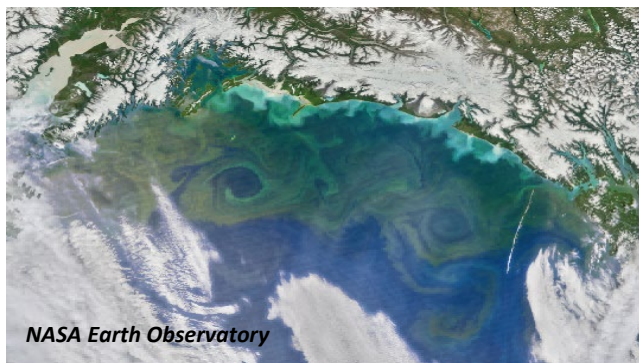
Huang et al. (2025)

历史上一些极端海洋热浪

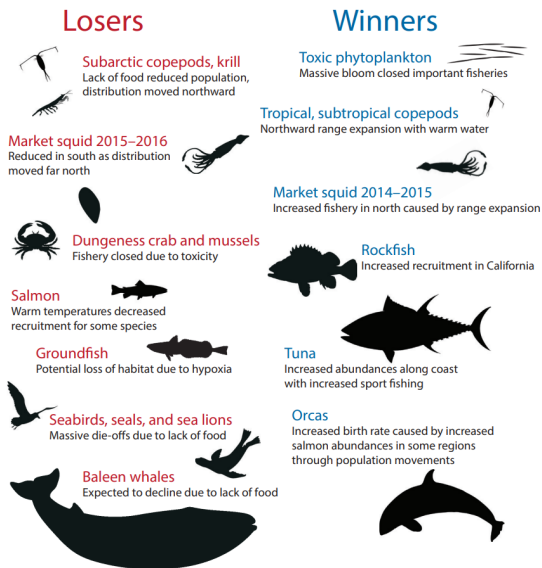


Capotondi et al. (2024)

海洋热浪的环境及生态影响



harmful algal blooms
decreased primary productivity

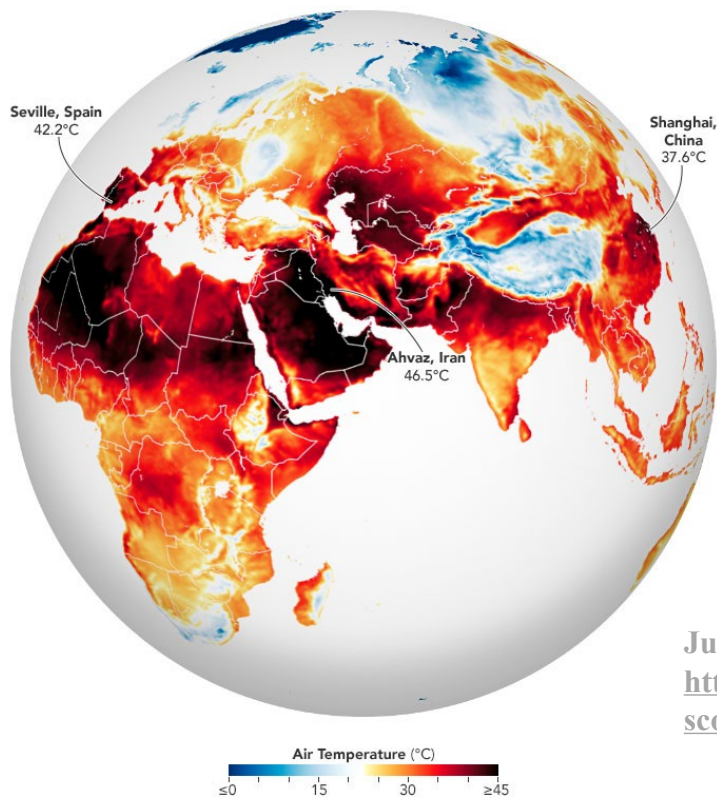


alterations in marine species

Shi et al. (2025)



全球各地极端热浪事件同时发生



“China and western North America were both roasting in hotter-than-normal temperatures in late July, at the same time as Europe.”

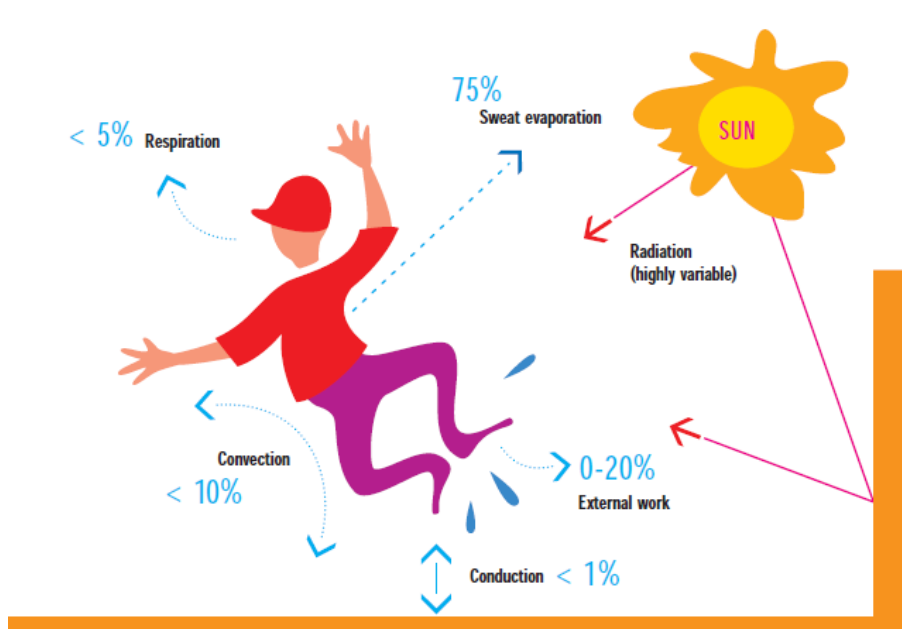
Witze (2022, Nature)

July 13, 2022

<https://earthobservatory.nasa.gov/images/150083/heatwaves-and-fires-scorch-europe-africa-and-asia>

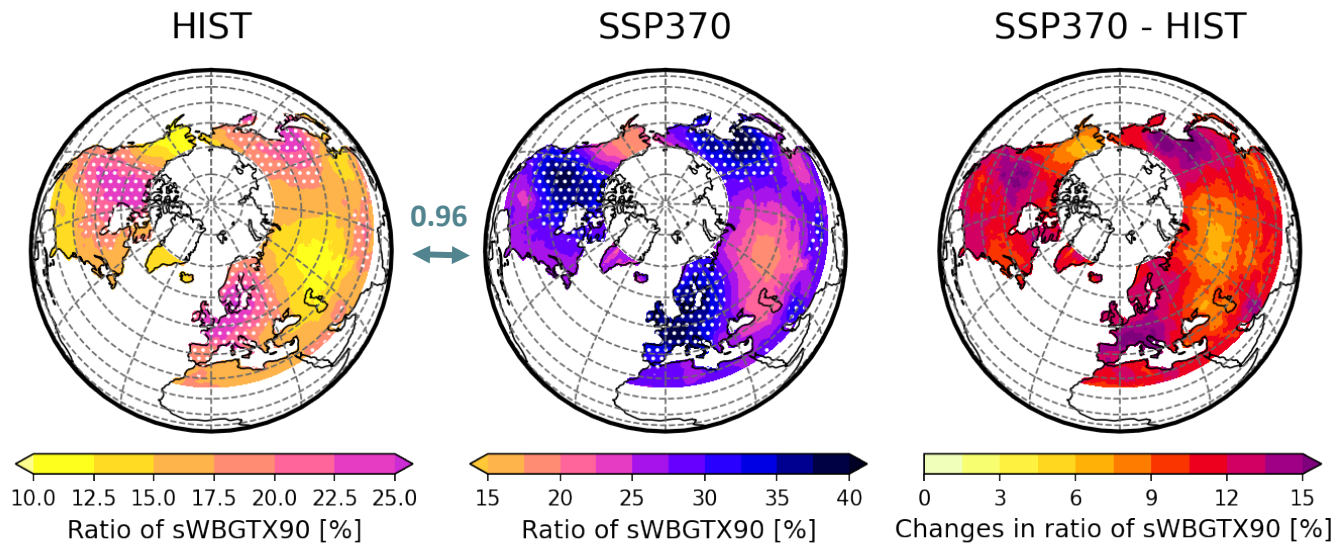
高温高湿对人体带来双重危害

Humid-heat is called “silent killer”



High humidity → Sweat hardly evaporate → Core body temperature increases → Thermal damage

极端湿热浪事件的未来预估



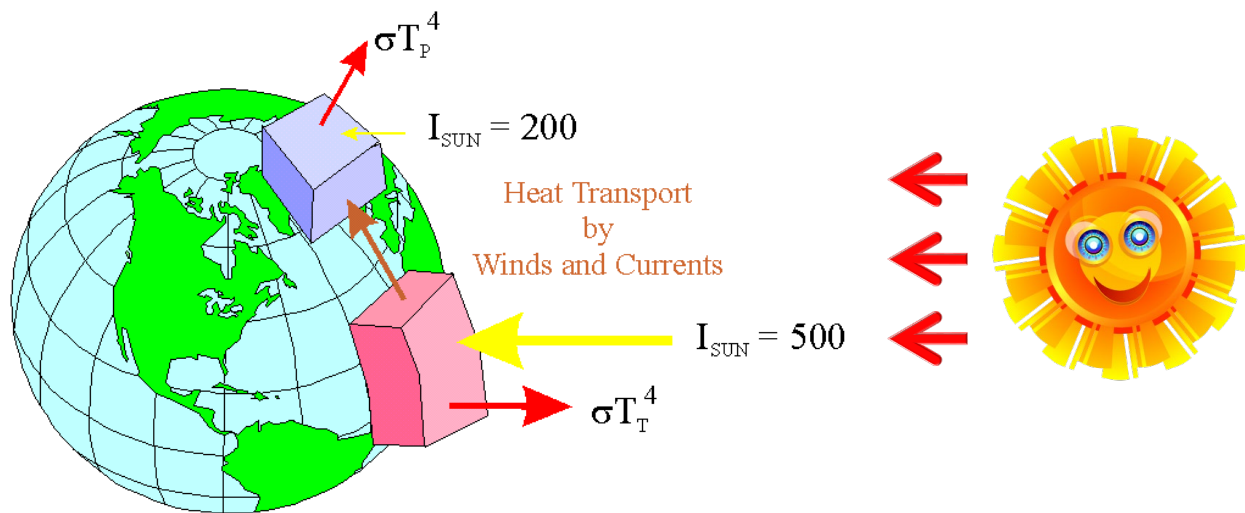
空间型态基本不变

发生频率增加强度加大

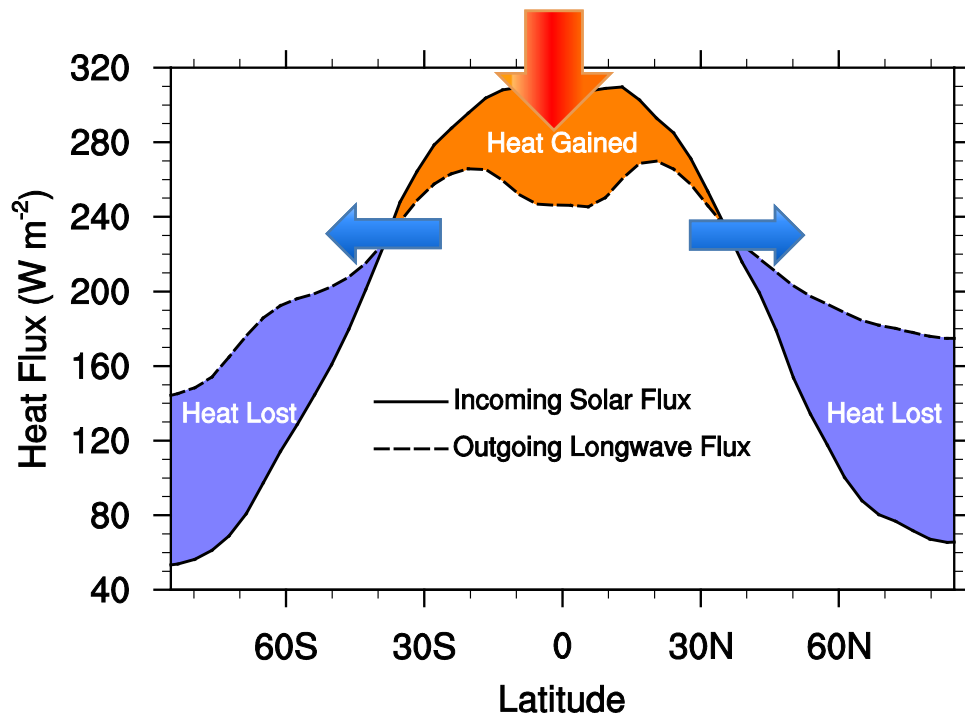
Lin, Yuan* et al. (2025, GRL)

我们该怎么办？

回到根本：理解地球热量平衡

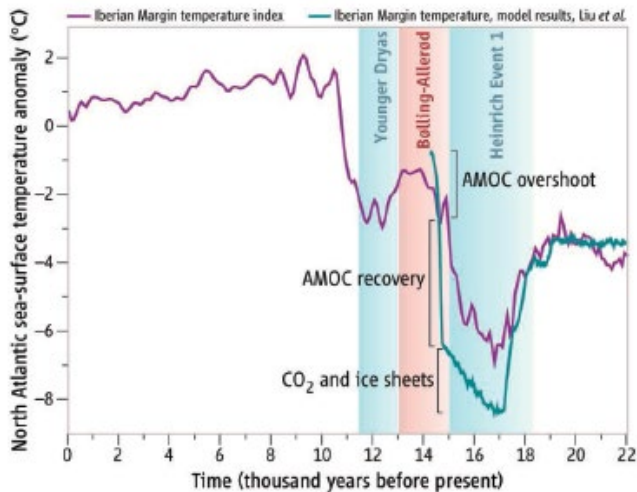


大气层顶的热量收支



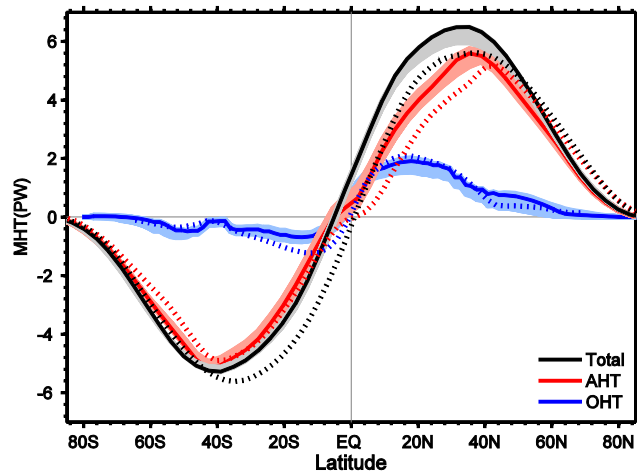
地球气候稳定的能量约束

Earth Climate Stability Mechanism?



Climate Change during Past 22 kyr

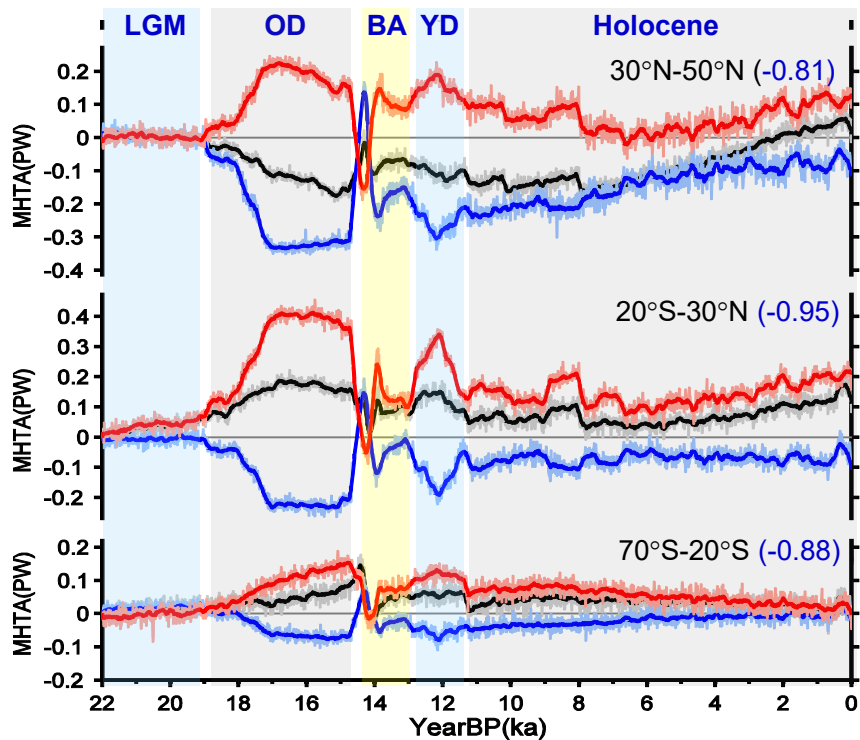
Timmermann (2009), Science



MHT from CCSM3 simulation TraCE-21K, From LGM to present

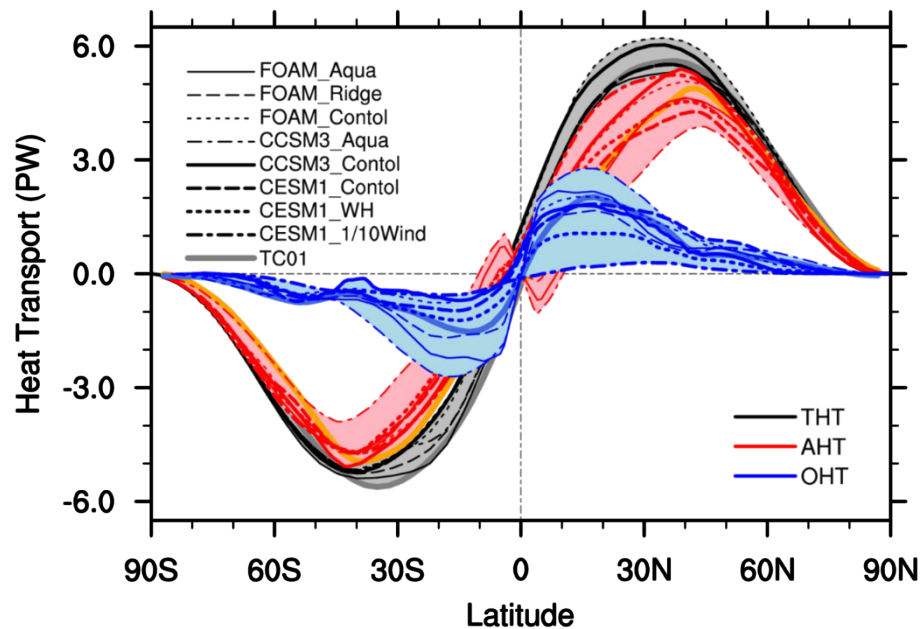
Liu et al. (2009); He (2011)

地球气候稳定的能量约束



Yang et al. (2015)

大气海洋能量经向输送互相补偿



Note: TC01 is from Trenberth and Caron (2001)

Bjerknes 补偿假说

Jacob Aal Bonnevie Bjerknes
1897-1975

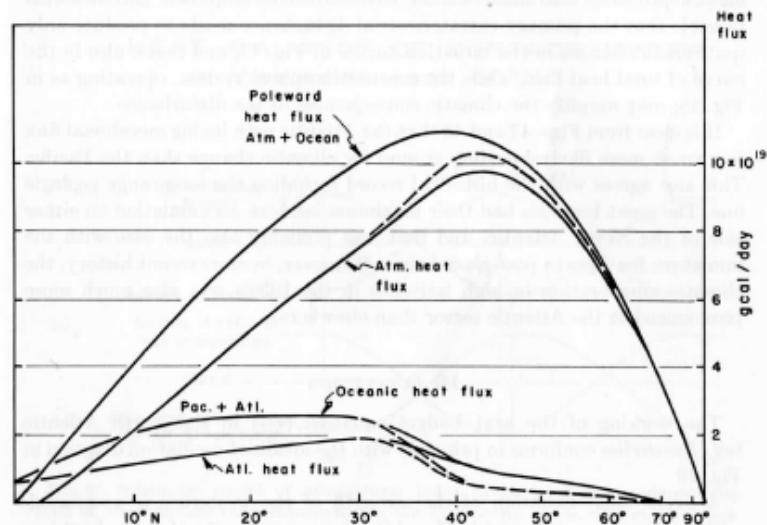
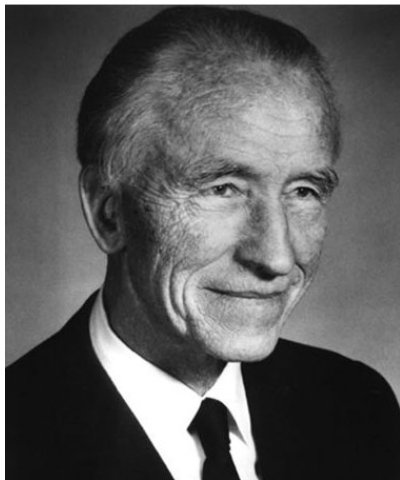
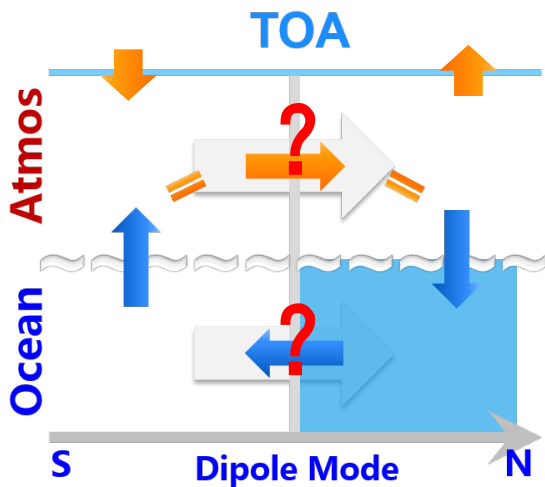


FIG. 48. Solid lines: flux data from Fig. 47 pertaining to present climatic conditions. Dashed lines refer to a sketchy model of the conditions around 1800 A.D. and show qualitative estimate of curtailed Atlantic and total oceanic heat flux as well as increased heat flux by low index atmospheric circulation. The anomalies of heat flux in oceans and atmosphere are assumed to cancel, leaving total heat flux and radiation budget unchanged. Actually, some change in the radiation budget is also likely to have taken place, but it could well have been quite small.

Bjerknes, 1964: Atlantic Air-Sea Interaction, *Advances in Geophysics*, Vol. 10, P77

Bjerknes 补偿假说



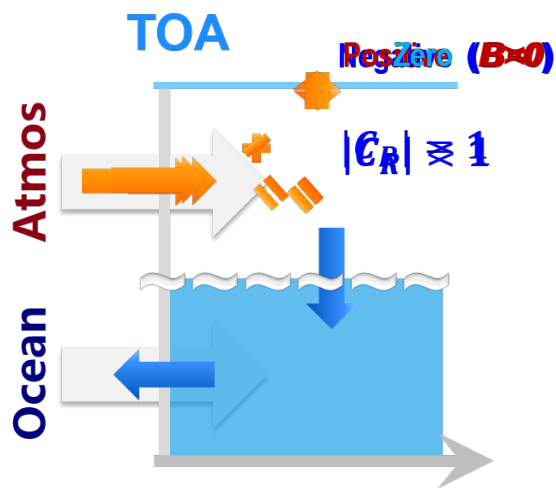
$$A + B = 0 \rightarrow A = -B$$

but $A + B + C = 0$ **C**: climate feedback

$$\text{Then } A = -(B + C)$$

Energy Conserved

耦合地球气候系统的本征模态



$$C_R \equiv \frac{\Delta F_a}{\Delta F_o} = -\frac{1}{1-B} < 0$$

Local climate feedback $B(y)$

Yang, Zhao and Liu (2016)
Zhao, Yang and Liu (2016)

Climate Feedback + MHT → Earth Energy Balance

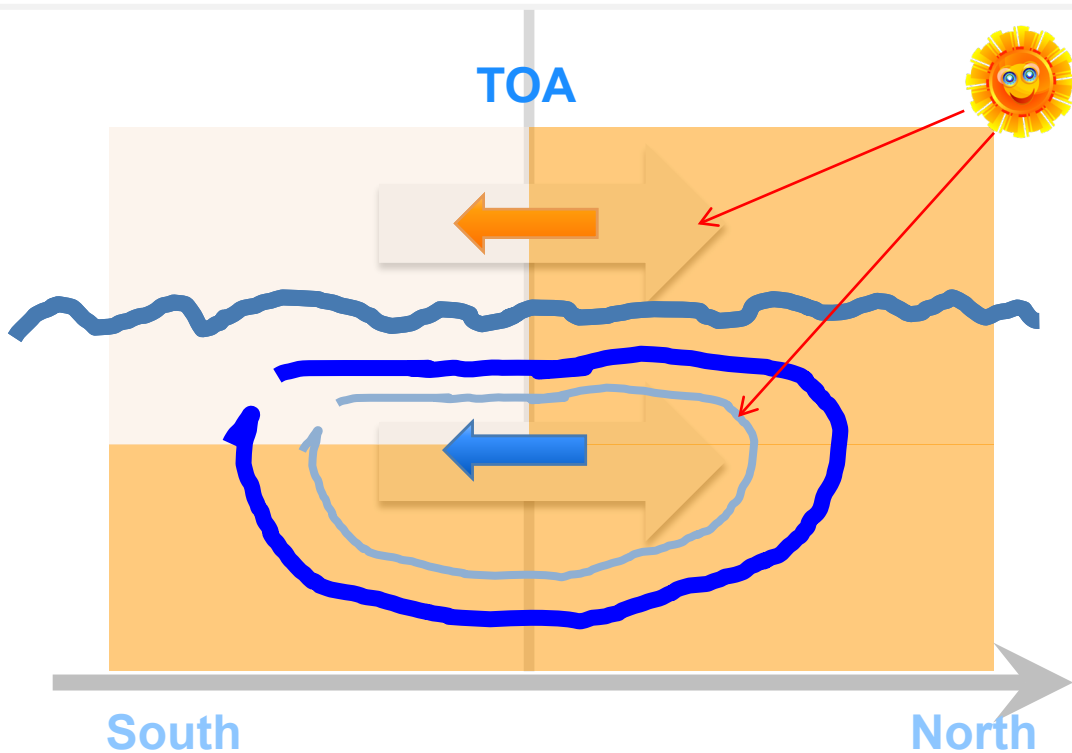
耦合地球气候系统的本征模态

能量补偿 \leftrightarrow 体重保持

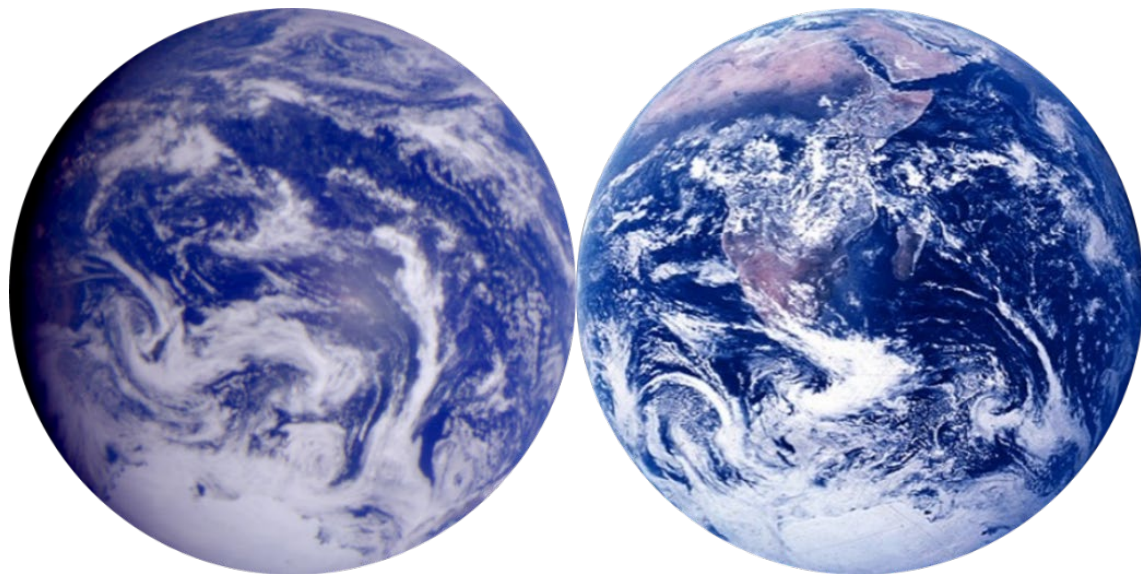


全球变暖打破了能量守恒约束

$$C_h \equiv \Delta H_a / \Delta H_o = \{1/[1+(B_2-B_1) \Delta A / \Delta T_S [B_1 B_2 + (B_1+B_2)\chi]]\} C_R$$

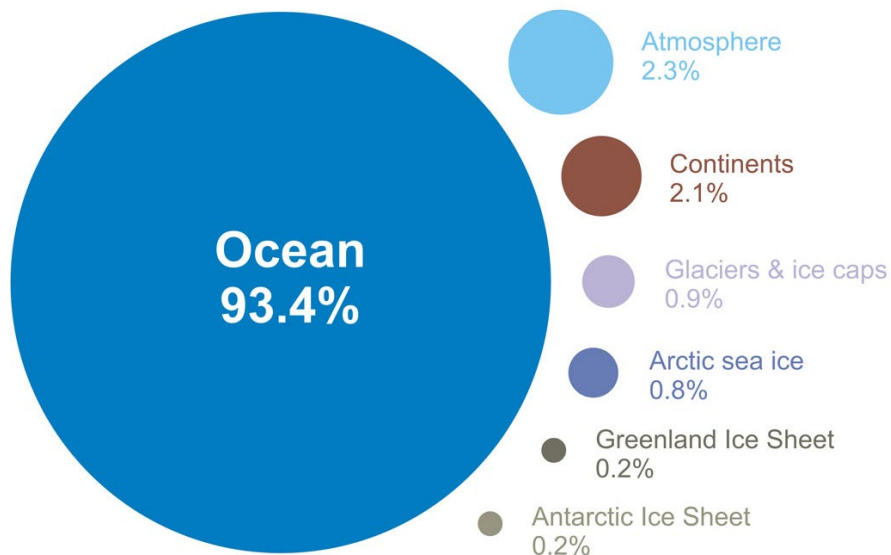


希望在海洋？



Aqua-Planet: 71% covered by ocean

海洋：全球变暖缓冲器



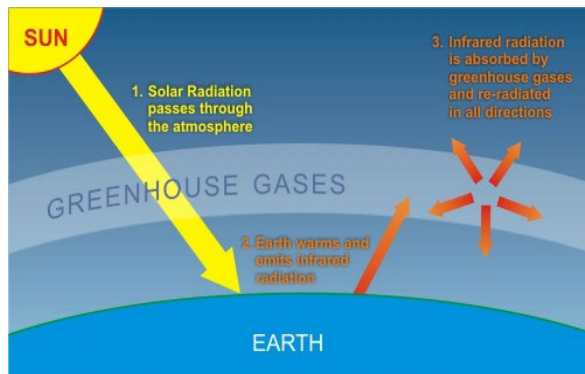
S. Levitus, J. I. Antonov, T. P. Boyer, O. K. Baranova, H. E. Garcia, R. A. Locarnini, A. V. Mishonov, J. R. Reagan, D. Seidov, E. S. Yarosh, and M. M. Zweng | published 17 May 2012

海洋：全球变暖缓冲器

Resulted
from

Heating

Hosing



Decoding **Hosing** and **Heating** Roles in a **Warming** Climate

海洋：全球变暖缓冲器

Lapse Rate



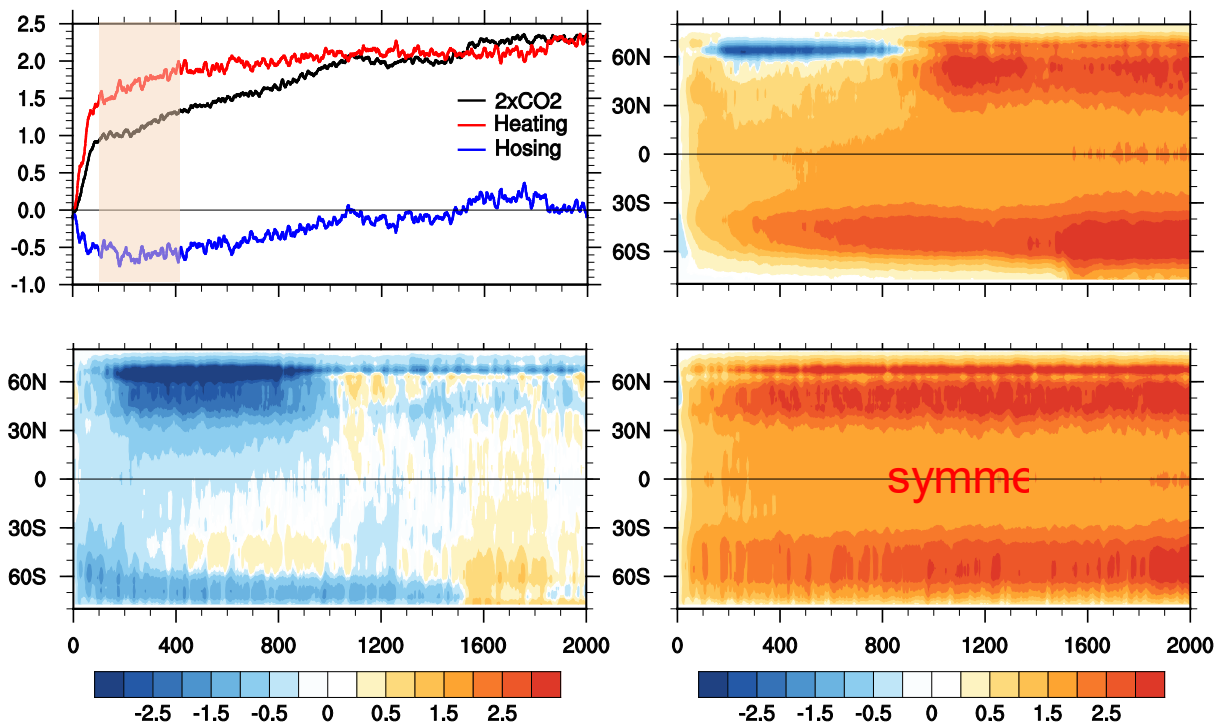
Dry Air: $\Gamma_d = g/c_p = 9.8$ °C/km

Wet Air: $\Gamma_w = \dots\dots = 6-7$ °C/km

30%

Latent Heat: Solid $\xrightarrow{334\text{J/g}}$ Liquid $\xrightarrow{2260\text{J/g}}$ Gas

模拟的未来全球气温演变



Wen et al. JC, (2018)

我们该怎么办？

植树造林？



植树造林?

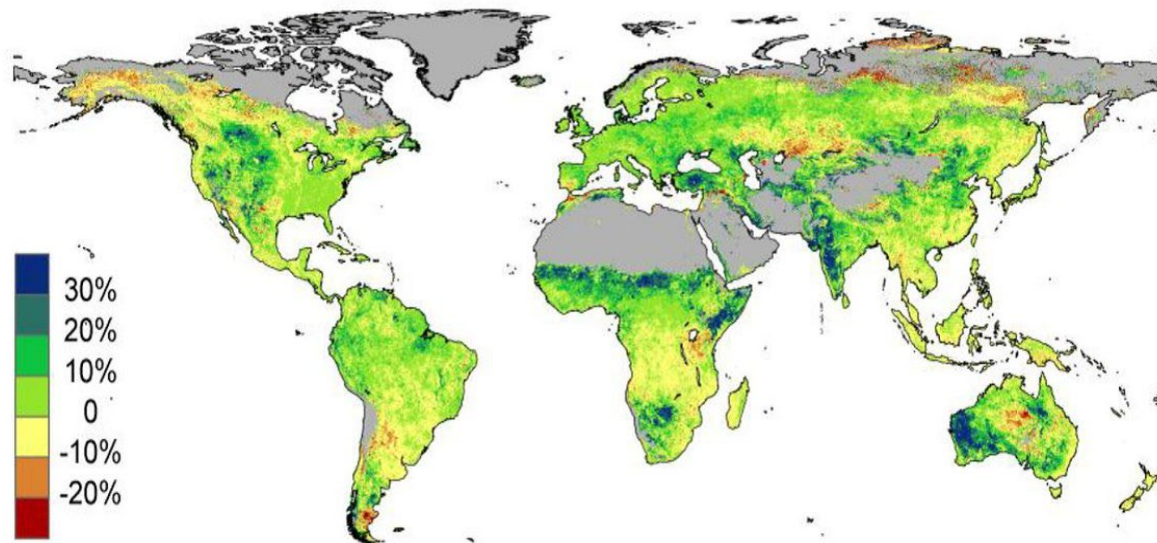


植树造林？



撒哈拉沙漠有变率趋势?

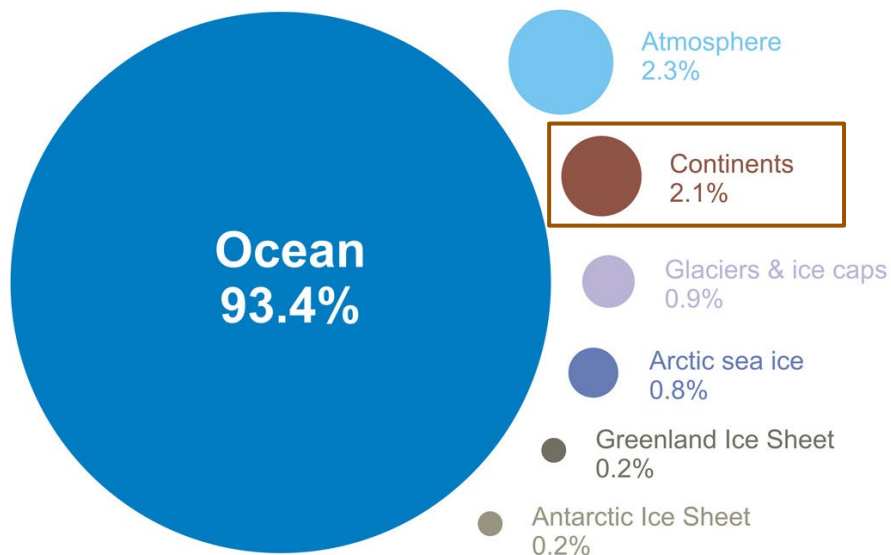
Global Greening From CO2 Fertilization: 1982-2010



Increase = 11% in areas studied

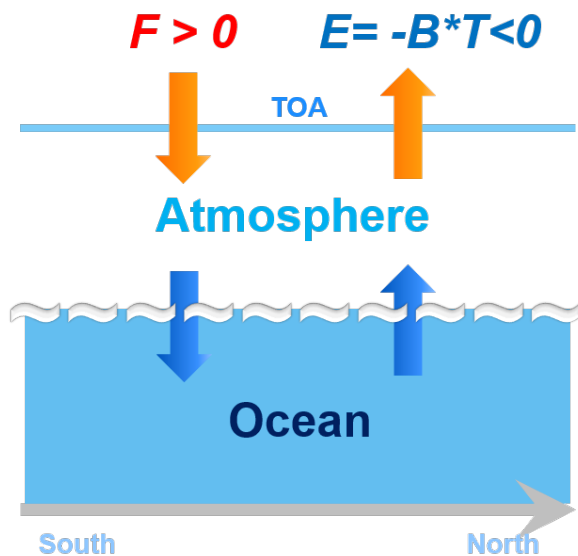
Donohue et al, GRL (June 2013) DOI: 10.1002/grl.50563

海洋：全球变暖缓冲器



S. Levitus, J. I. Antonov, T. P. Boyer, O. K. Baranova, H. E. Garcia, R. A. Locarnini, A. V. Mishonov, J. R. Reagan, D. Seidov, E. S. Yarosh, and M. M. Zweng | published 17 May 2012

能量平衡模式的启示：地球工程？



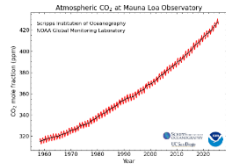
$$\frac{dT}{dt} = F - BT$$

If $F = \text{const.}$, T determined
by **climate feedback B**

能量平衡模式的启示：地球工程买时间

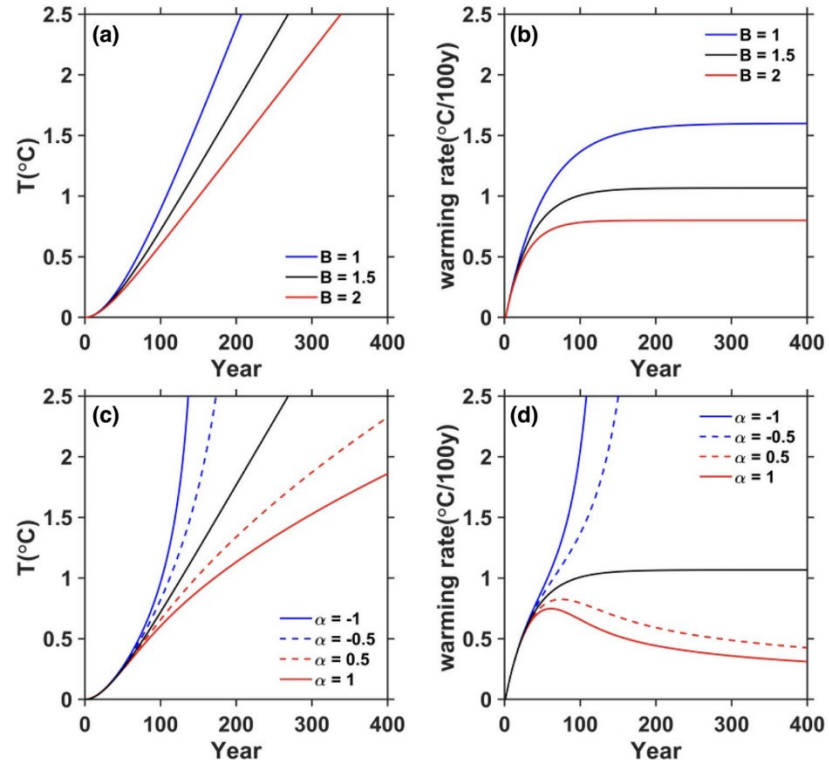
$$F = \epsilon t; B = \text{const.}$$

$$T = \frac{\epsilon}{B} \left(t - \frac{C}{B} \right) \rightarrow \infty, \frac{dT}{dt} = \frac{\epsilon}{B}, \text{ when } t \rightarrow \infty.$$



$$F = \epsilon t; B = B_0 + \alpha T$$

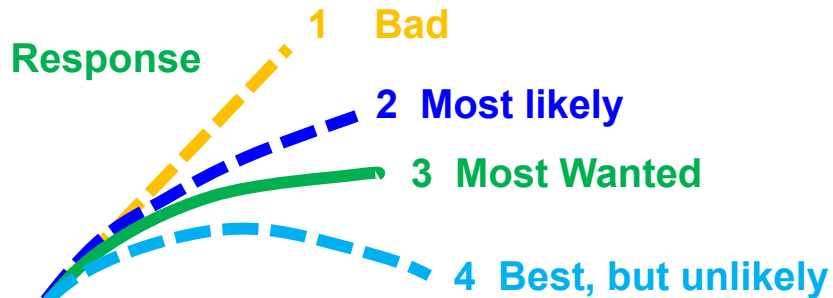
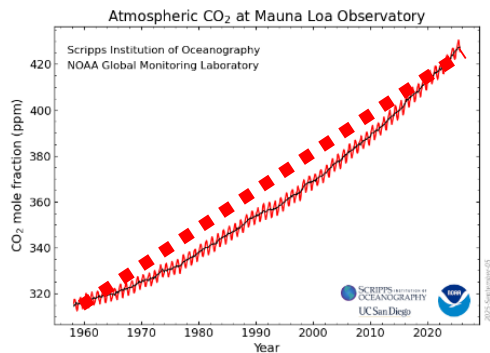
$$\left\{ \begin{array}{l} T = -\frac{b}{2a} + \left(\frac{b^2}{4a^2} + \frac{K}{a} t \right)^{\frac{1}{2}} \rightarrow \infty, \text{ when } t \rightarrow \infty. \\ \frac{dT}{dt} = Kt - (b + aT)T \rightarrow 0 \end{array} \right.$$



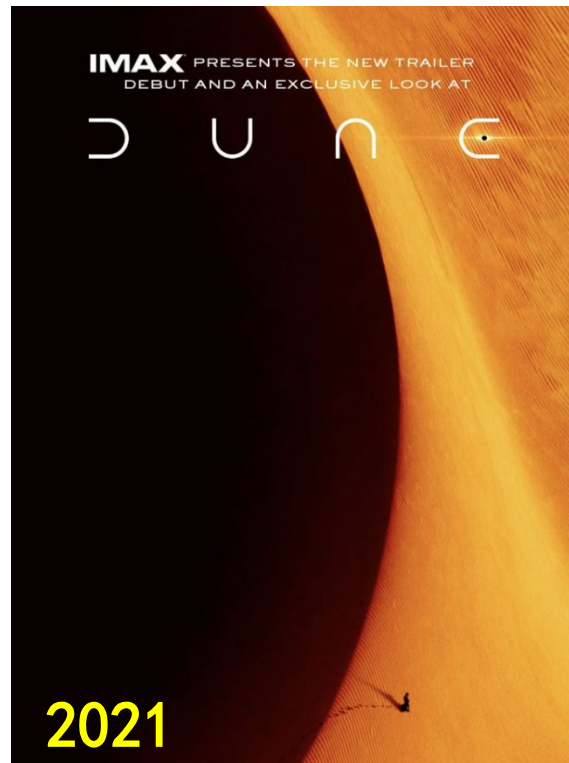
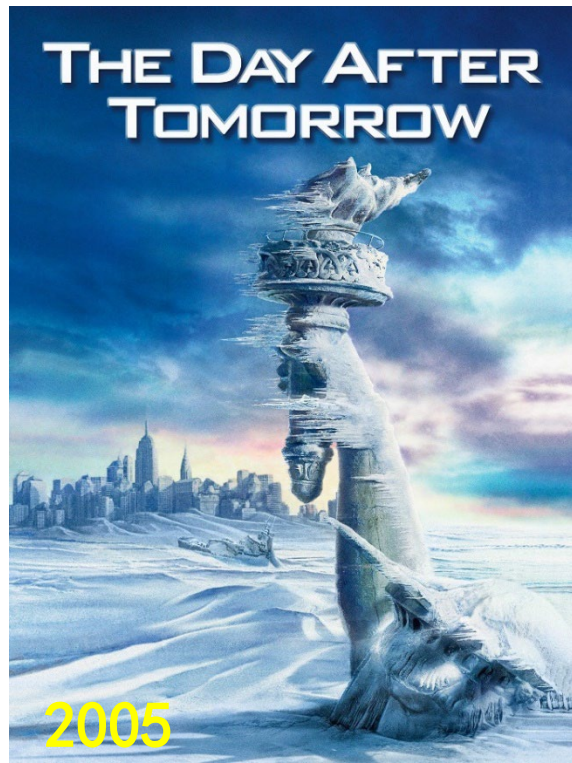
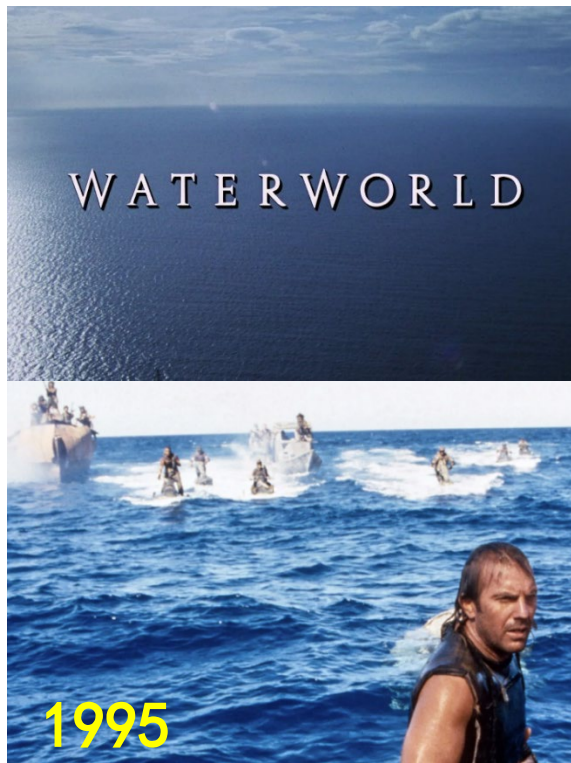
Yang et al. CD, (2022)

未来的几种可能性

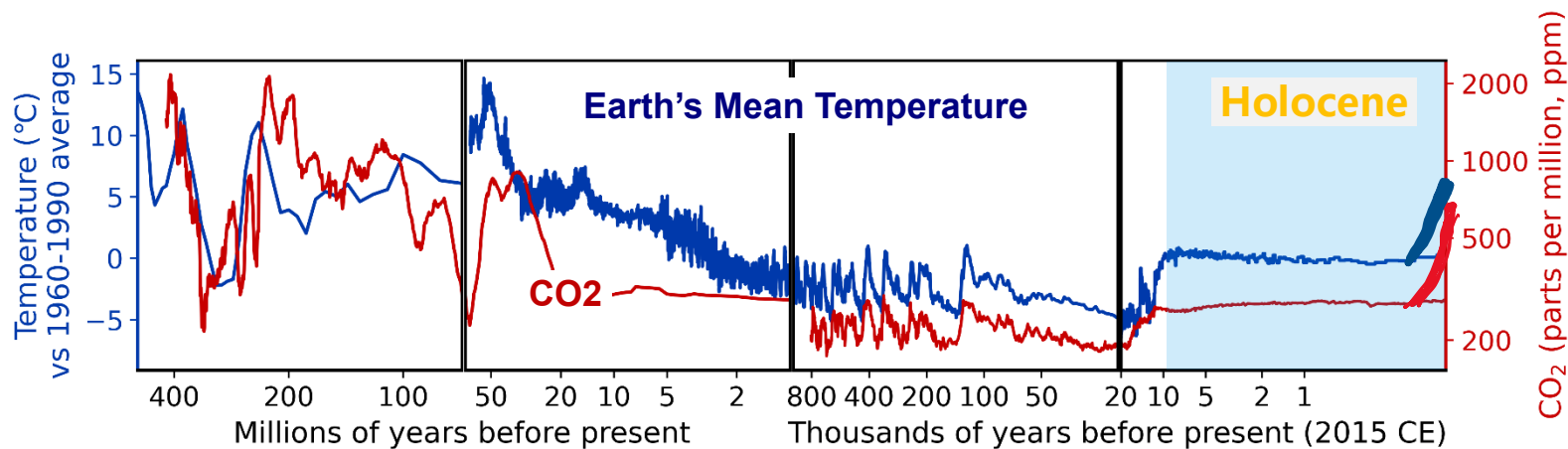
Forcing



未来命运？



地球气候历史长河

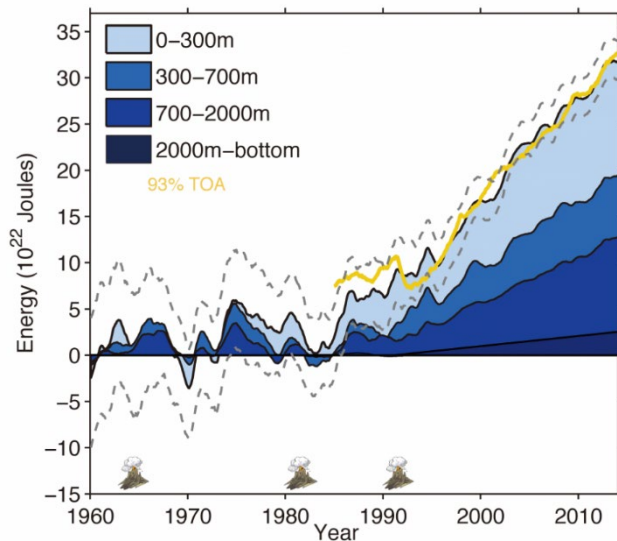


https://earth.org/data_visualization/a-brief-history-of-co2/

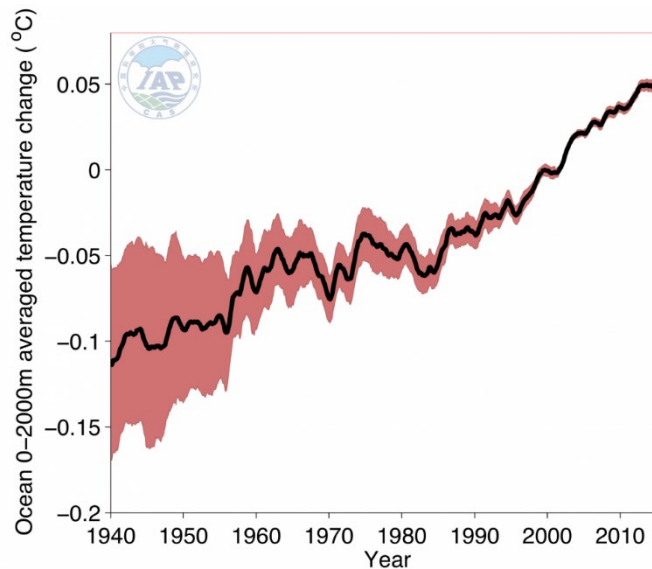
**适应这个更“温暖”的星球！
改变自己，创造美好未来！**

<https://corp.fudan.edu.cn>

Ocean Heat Content Change



Ocean energy budget based on IAP ocean temperature analysis. The 93% of the energy imbalance observed from the top of atmosphere is shown in yellow. OHC change below 2000m is from Purkey and Johnson 2010. (contributed by L Cheng)



0-2000m averaged temperature change since 1940/01 to 2016/12 along with uncertainty estimates (95% confidence interval). (contributed by L Cheng)