

High-latitude precipitation as a driver of multicentennial variability of the AMOC in a climate model of intermediate complexity

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High-latitude precipitation as a driver of multicentennial variability of the AMOC in a climate model of intermediate complexity

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Abstract

Centennial-scale variability of the Atlantic Meridional Overturning Circulation (AMOC) in the absence of external forcing has been identified in several climate models, but proposed mechanisms differ considerably. Therefore, better understanding of processes governing AMOC variability at these timescales is needed. Here, we analyze numerical simulations with PlaSim-LSG, an Earth System Model Intermediate Complexity (EMIC), which exhibit strong multicentennial oscillations of AMOC strength under constant pre-industrial boundary conditions. We identify a novel mechanism in which these oscillations are driven by salinity anomalies from the Arctic Ocean, which can be attributed to changes in high-latitude precipitation. We further corroborate our findings by conducting a set of millennial-length sensitivity

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experiments, and we interpret the mechanism by formulating a three-box model which qualitatively reproduces regular oscillations of the AMOC. While PlaSim–LSG lacks complexity compared to state-of-the-art models, our results reveal that precipitation minus evaporation (P–E) change in the Arctic is a physically plausible driver of centennial-scale AMOC variability. We discuss how this mechanism might be most relevant in climate states warmer than the present-day, raising questions about the state-dependence of multicentennial AMOC variability.

Keywords: AMOC, centennial climate variability, climate model, EMIC, North Atlantic, Arctic Ocean

1 **1 Introduction**

2 Through its northward transport of heat and salt, the Atlantic Meridional
3 Overturning Circulation (AMOC) plays an important role in governing the
4 climate of the North Atlantic region. Therefore, there has been consider-
5 able interest in understanding the variability of the AMOC across timescales,
6 from interannual to multidecadal (Buckley and Marshall, 2016) and millen-
7 nial scales (Lynch-Stieglitz, 2017). For example, recently, several studies using
8 comprehensive climate models found unforced millennial-scale AMOC oscil-
9 lations under glacial boundary conditions (Vettoretti et al, 2022; Klockmann
10 et al, 2020; Kuniyoshi et al, 2022; Romé et al, 2022), which resemble the
11 Dansgaard–Oeschger events found in paleoclimate records.

12 However, at intermediate, (multi-)centennial timescales, the variability of
13 the AMOC has been studied less extensively, and we will focus on these
14 timescales in the remainder of this study. Although sea surface temperature
15 (SST) proxy records from the North Atlantic region exhibit significant multi-
16 centennial variability during the Holocene (Askjær et al, 2022), the length of
17 the instrumental record, uncertainties and non-stationarity of the AMOC–SST
18 relation (Lozier, 2010; Tandon and Kushner, 2015; Moffa-Sánchez et al, 2019)
19 and the lack of circulation proxies at sufficient resolution (Lippold et al, 2019)

20 prevent a full characterization of the AMOC at these timescales. Hence, climate
21 models have often been invoked to examine AMOC variability on timescales
22 beyond the instrumental record, which only dates back to 2004 (Cunningham
23 et al, 2007).

24 In particular, millennial-length integrations with constant pre-industrial
25 forcing allow us to assess internal variability on centennial timescales. Early
26 studies using ocean general circulation models (OGCMs) (Mikolajewicz and
27 Maier-Reimer, 1990; Winton and Sarachik, 1993) and simplified (1- and 2-D)
28 ocean models (e.g., Sévellec et al, 2006) suggested the existence of a “loop
29 oscillation” (Winton and Sarachik, 1993) in which a salinity anomaly would
30 be advected within the entire Atlantic overturning cell on the characteristic
31 timescales of the thermohaline circulation (that is, multicentennial). While
32 some more complex coupled GCMs support the notion of an oceanic mode of
33 multicentennial variability in the North Atlantic driven by interhemispheric
34 salinity transport (Park and Latif, 2008; Delworth and Zeng, 2012), others have
35 proposed different mechanisms involving atmospheric or sea ice feedbacks. Vel-
36 linga and Wu (2004) proposed that increased precipitation in the Intertropical
37 Convergence Zone (ITCZ) may be a driver of subtropical salinity anoma-
38 lies impacting AMOC strength on a centennial timescale, a mechanism which
39 Menary et al (2012) showed to be present in at least two different GCMs. More
40 recently, strong multicentennial AMOC oscillations were discovered in several
41 models of the Coupled Model Intercomparison Project Phase 6 (CMIP6). They
42 were linked to the build-up and release of Arctic Ocean freshwater anomalies
43 moderated by sea ice in both the IPSL-CM6-LR (Jiang et al, 2021) and EC-
44 Earth3 models (Meccia et al, 2022). In contrast, Li and Yang (2022) used a
45 box model to argue that no coupled atmosphere–ocean feedback is required to
46 sustain multicentennial oscillations in CESM1.0 (a CMIP5 model), and that

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47 this mode of variability can instead be explained by an eddy-induced ocean
48 mixing feedback.

49 Because state-of-the-art models are computationally expensive, they gen-
50 erally do not allow for a large number of sufficiently long runs for sensitivity
51 tests of multicentennial AMOC variability. Many proposed mechanisms were
52 thus derived from data analysis of a single pre-industrial control simulation,
53 with the exception of [Jackson and Vellinga \(2013\)](#) who also analyzed short
54 (400 years) runs from a perturbed physics ensemble with eight members. To
55 improve our understanding of the mechanisms behind centennial-scale AMOC
56 variability, it therefore seems beneficial to trade off reduced model complexity
57 for computational speed using Earth System Models of Intermediate Complex-
58 ity (EMICs; [Claussen et al, 2002](#)), which allow for millennial-length sensitivity
59 runs. While most other EMICs exhibit no or insufficient internal variabil-
60 ity ([Petoukhov et al, 2005](#)), the group of “simplified comprehensive models”
61 ([Claussen et al, 2002](#)) is sufficiently complex to generate internal variability
62 on centennial timescales (e.g., [Friedrich et al, 2010](#); [Severijns and Hazeleger,](#)
63 [2010](#)).

64 In this work, we show that one such simplified GCM, PlaSim–LSG, exhibits
65 significant internally driven AMOC oscillations at multicentennial timescales
66 under constant pre-industrial boundary conditions. Using the control simula-
67 tion and an ensemble of millennial-length sensitivity experiments, we analyze
68 the role of atmosphere–ocean freshwater feedbacks in the high latitudes in
69 driving these AMOC oscillations. Finally, we discuss how our study can serve
70 as a starting point for exploiting the entire model hierarchy for investigating
71 multicentennial AMOC variability.

2 Materials and methods

2.1 Model experiments

Coupled atmosphere-ocean simulations are performed using PlaSim-LSG, an EMIC which couples the Planet Simulator (PlaSim; [Fraedrich et al, 2005](#)), an atmospheric GCM with a spectral dynamical core and simplified physics ([Lunkeit et al, 2011](#)), to the Large-Scale Geostrophic Ocean model (LSG; [Maier-Reimer et al, 1993](#)). The use of a geostrophic model, in which the nonlinear terms of the Navier-Stokes equation are neglected, is motivated by the scale analysis of [Hasselmann \(1982\)](#) for climate variability in a coarse-resolution ocean model. Since AMOC variability on timescales of decades and longer is largely attributed to changes in geostrophic circulation ([Buckley and Marshall, 2016](#)), we believe that LSG is well-suited for studying AMOC variability on centennial timescales.

PlaSim-LSG has fully interactive components for the atmosphere, ocean, sea ice and the hydrological cycle, while ice sheets and vegetation are prescribed. The three-dimensional atmosphere and ocean components are coupled through the surface fluxes of momentum, heat and freshwater ([Lorenz, 2006](#)) without flux corrections. Coupling of heat fluxes between PlaSim and LSG is performed within a shared slab ocean with a constant depth of 50 m, which also acts as the uppermost layer of LSG. This slab ocean serves as an intermediary between PlaSim and LSG, filtering high-frequency noise and damping short-lived perturbations, which – together with time-implicit integration – allows for an ocean and coupling time step of 10 days compared to 45 minutes for the atmosphere. Sea ice is formed and melted thermodynamically in the slab ocean based on the zero-layer model of [Semtner \(1976\)](#). No transport of sea ice is considered. To stabilize the large-scale ocean circulation and to isolate the effect of $P - E$, runoff into the oceans is re-distributed globally in the coupling

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99 step. The local surface freshwater flux Φ_{surf} into the ocean is therefore given by

$$\Phi_{\text{surf}} = P - E + \langle R \rangle - \dot{d}_{\text{ice}}, \quad (1)$$

100 where $\langle R \rangle$ is the global sum of runoff into the oceans divided by the total ocean
 101 surface, and \dot{d}_{ice} is the time derivative of sea ice liquid water equivalent.

102 PlaSim is configured at T21 resolution (corresponding to about $5.6^\circ \times$
 103 5.6° on a latitude–longitude grid) with 10 vertical levels in the atmosphere.
 104 LSG uses an “E”-type semi-staggered grid (Arakawa and Lamb, 1977) with
 105 an effective horizontal resolution of $3.5^\circ \times 3.5^\circ$ and 22 vertical layers on z -
 106 coordinates with a spacing between 50 m in the upper ocean and 1000 m in
 107 the deep ocean. The main difference with respect to the original LSG version
 108 (Maier-Reimer et al, 1993) is the introduction of the Farrow and Stevens (1995)
 109 predictor-corrector scheme for advection (cf. Prange et al, 2003), which is less
 110 diffusive than the original upstream scheme. As a consequence, ocean vertical
 111 diffusivity A_v can be controlled explicitly via the parametrization of Bryan
 112 and Lewis (1979):

$$A_v(z) = a^* + a_{\text{range}} \arctan[\lambda(z - z^*)]. \quad (2)$$

113 The large-scale characteristics of the AMOC in PlaSim–LSG strongly depend
 114 on the chosen values for this parametrization, especially on the vertical dif-
 115 fusivity in the upper ocean layers. In a preliminary study (Angeloni et al,
 116 2020), we kept the bottom diffusivity $A_v(6000 \text{ m})$ as well as $\lambda = 4.5 \cdot 10^{-3} \text{ m}^{-1}$
 117 and $z^* = 2500 \text{ m}$ fixed, and identified different AMOC regimes for different
 118 values of $A_v(0)$ in PlaSim–LSG (Fig. 1): For low upper ocean diffusivi-
 119 ties ($A_v(0) \lesssim 0.2 \text{ cm}^2 \text{ s}^{-1}$), the AMOC collapses. For intermediate values,

120 the model exhibits a relatively constant AMOC strength of about 17–19 Sv
 121 ($1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$), before a state with multicentennial oscillations emerges
 122 for $A_v(0) = 0.8 \text{ cm}^2 \text{ s}^{-1}$, corresponding to $a^* = 1.0479 \text{ cm}^2 \text{ s}^{-1}$ and $a_{\text{range}} =$
 123 $0.1673 \text{ cm}^2 \text{ s}^{-1}$. Finally, for even higher values of the upper ocean diffusivity,
 124 these oscillations disappear again and the Atlantic is in a state of very strong
 125 overturning (about 30 Sv).

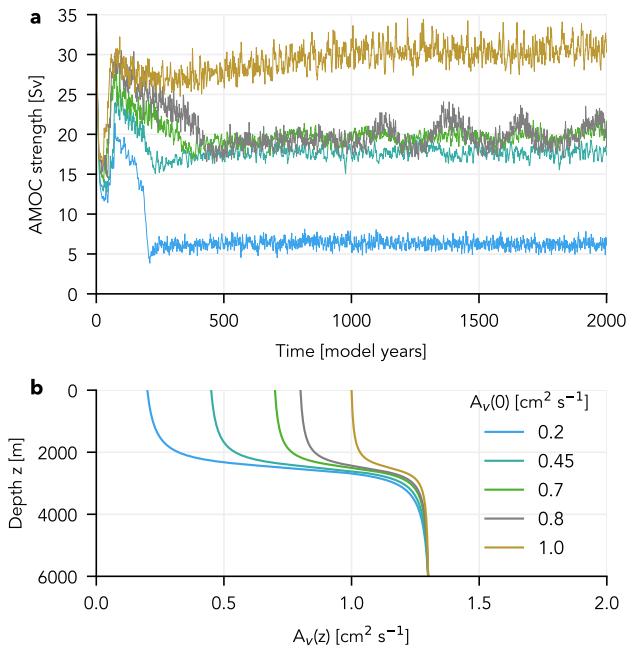


Fig. 1 Parametrization dependence of the AMOC in PlaSim-LSG: (a) AMOC strength for the first 2000 simulation years (including spinup) with different vertical diffusivity profiles, (b) corresponding profiles of ocean vertical diffusivity from Eq. (2). The diffusivity at the bottom of the ocean $A_v(6000 \text{ m})$ is kept at $1.3 \text{ cm}^2 \text{ s}^{-1}$ throughout the ensemble, while the parameters a^* and a_{range} are adjusted to match the given diffusivity at the surface $A_v(0)$. In all simulations, $\lambda = 4.5 \cdot 10^{-3} \text{ m}^{-1}$ and $z^* = 2500 \text{ m}$.

126 In this study, we analyze the 3000-year simulation (after 1000-year spinup)
 127 of PlaSim-LSG which exhibits multicentennial AMOC oscillations ($A_v(0) =$
 128 $0.8 \text{ cm}^2 \text{ s}^{-1}$) in more detail. We use constant pre-industrial boundary con-
 129 ditions ($\text{pCO}_2 = 285 \text{ ppm}$) and will refer to this simulation as the control

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130 simulation. In addition, we perform a set of sensitivity experiments to iso-
131 late the influence of Arctic freshwater anomalies onto AMOC oscillations, in
132 which the amplitude of $\Phi_{\text{atm}} = P - E + \langle R \rangle$ anomalies over the Arctic Ocean
133 is scaled. To this end, we diagnose the monthly climatology $\bar{\Phi}_{\text{atm},i}$ from the
134 control simulation, compute anomalies $\Phi'_{\text{atm},i}$ with respect to this climatol-
135 ogy during each coupling step, and multiply the anomalies by a factor c , such
136 that the scaled freshwater flux is given by $\Phi^c_{\text{atm},i} = \bar{\Phi}_{\text{atm},i} + c\Phi'_{\text{atm},i}$. Here,
137 the index $i \in \{1 \dots 12\}$ denotes the month to emphasize the difference from
138 annual mean climatologies and anomalies defined later in this section. Because
139 the scaling is only applied to the Arctic Ocean, its effect on the global fresh-
140 water balance is negligible and no correction is applied. This is in line with
141 [Rahmstorf et al \(2005\)](#), who argued that compensating for freshwater forcing
142 in a different ocean basin had negligible effects even when the added freshwa-
143 ter flux was more than an order of magnitude stronger than in our study. Each
144 sensitivity experiment is initialized from year 2000 of the control simulation
145 and is integrated for 2000 years.

146 While PlaSim–LSG reproduces large-scale patterns of the hydrological
147 cycle reasonably well even at an atmospheric resolution of T21 (not shown),
148 there are several shortcomings in its climatology, as can be expected from
149 a simplified GCM with very coarse resolution. During the spinup, there is a
150 strong drift in the Southern Ocean similarly to earlier coupled versions of LSG
151 (e.g., [von Storch et al, 1997](#)). Following this drift, Southern Ocean surface tem-
152 peratures show a strong warm bias of about 10 K and virtually all Antarctic
153 sea ice disappears. Nevertheless, observed zonal mean temperatures are repro-
154 duced well in the northern hemisphere, which is the focus of this study. Mean
155 Arctic sea ice concentrations in the PlaSim–LSG control simulation are lower
156 than in observations of the late 19th century (Fig. S1a–b; [Rayner et al, 2003](#))

157 and in the *piControl* simulations of most CMIP6 models (Fig. S2a), especially
 158 in boreal summer. The simulated mean Arctic Ocean salinity of 33.8 psu is
 159 also significantly lower than in observations (Fig. S1c–d; Zweng et al, 2018).
 160 However, the AMOC mean of 19.5 Sv (Sec. 3.1) agrees with observations (Cun-
 161 ningham et al, 2007) and lies well within the CMIP6 range (Bellomo et al,
 162 2021).

163 2.2 Diagnostics

164 We define AMOC strength as the maximum of the meridional overturning
 165 streamfunction in the Atlantic between 40°N and 60°N, as the maximum of the
 166 overturning cell is located in this range (Fig. S3). Composites for the strong
 167 and weak AMOC phases are obtained by averaging over 21-year intervals
 168 around the maxima and minima of the AMOC time series. For the increasing
 169 and decreasing phases, composites are centered around the midpoints between
 170 these minima and maxima. To define the extrema, a 100-year running mean
 171 (black line in Fig. 2) is applied to the AMOC time series solely for the pur-
 172 pose of peak detection. All subsequent diagnostics, including composites and
 173 lagged regressions, are computed on unfiltered annual mean time series.

174 To decompose the competing effects of salinity S and potential temperature
 175 θ on density anomalies, we perform a Taylor expansion of the equation of state
 176 (c.f. Vellinga and Wu, 2004). ρ is expanded at the local climatological mean
 177 ($\bar{s}(x, y, z), \bar{\theta}(x, y, z)$), from which salinity and potential temperature deviate
 178 by a small s' and θ' , respectively:

$$\begin{aligned} \rho(s, \theta) &= \rho(\bar{s}, \bar{\theta}) + \left. \frac{\partial \rho}{\partial s} \right|_{\bar{s}, \bar{\theta}} s' + \left. \frac{\partial \rho}{\partial \theta} \right|_{\bar{s}, \bar{\theta}} \theta' + \mathcal{O}(s'\theta') \\ &\equiv \bar{\rho} + \rho'_s + \rho'_\theta \end{aligned} \quad (3)$$

179 Here and in all of the following analysis, all results refer to annual mean quan-
 180 tities (x) if not stated otherwise. The term “climatological mean” \bar{x} refers to
 181 the mean of x over the entire simulation, while “anomalies” x' are the devia-
 182 tion of annual means from this climatology. Following (3), we can decompose
 183 density anomalies (to a very good approximation) into a salinity contribution
 184 ρ'_s and a temperature contribution ρ'_θ .

185 When examining the salinity budget of the Arctic Ocean, it is useful to
 186 express transport through the liquid freshwater flux (e.g., [Lique et al, 2009](#))

$$\Phi_{\text{liq}} = \iint \mathbf{u} \frac{s_0 - s}{s_0} \cdot d\mathbf{A}, \quad (4)$$

187 where \mathbf{u} is the velocity across a section of area $d\mathbf{A}$, whose normal vector is
 188 defined to point into the Arctic Ocean. The integral is taken over one horizontal
 189 and the vertical dimension, either over the full ocean depth or over the upper
 190 300 m. Here, we choose s_0 to match the simulated Arctic Ocean mean salinity
 191 of 33.8 psu. While some authors (e.g., [Schauer and Losch, 2019](#)) have criticized
 192 the use of ocean freshwater fluxes because of their nonlinear dependence on the
 193 “nonunique” s_0 , our choice of s_0 is physically motivated and makes Φ_{liq} readily
 194 interpretable: In the climatological mean, the net export of liquid freshwater
 195 from the Arctic Ocean through its gateways is approximately balanced by the
 196 positive freshwater flux at the surface. Note that in the LSG setup used here
 197 (Fig. 4d), Baffin Bay is not directly connected to the Arctic Ocean. Freshwater
 198 is only exchanged with the North Atlantic through the Fram strait (80°N,
 199 8°W–27°E) or the western boundary of the Barents sea (“Barents section”,
 200 70–80°N, 27°E).

201 Similarly to the equation of state, \mathbf{u} and s in the integrand of (4) can be
 202 expanded into a mean and an anomaly term:

$$\begin{aligned} \mathbf{u} \frac{s_0 - s}{s_0} &= (\bar{\mathbf{u}} + \mathbf{u}') \frac{s_0 - (\bar{s} + s')}{s_0} \\ &= \bar{\mathbf{u}} \frac{s_0 - \bar{s}}{s_0} - \bar{\mathbf{u}} \frac{s'}{s_0} + \mathbf{u}' \frac{s_0 - \bar{s}}{s_0} - \mathbf{u}' \frac{s'}{s_0} \end{aligned} \quad (5)$$

203 Integrating (5), its second term is interpreted as the contribution to the
 204 freshwater flux due to advection of salinity anomalies by the mean current

$$\Phi'_s = - \iint \bar{\mathbf{u}} \frac{s'}{s_0} \cdot d\mathbf{A} \quad (6)$$

205 and its third term as the contribution to the freshwater flux due to transport
 206 of mean salinity by current anomalies

$$\Phi'_u = \iint \mathbf{u}' \frac{s_0 - \bar{s}}{s_0} \cdot d\mathbf{A}. \quad (7)$$

207 The residual term is not small everywhere, but it has a weak dependence on
 208 AMOC strength (Fig. S4), such that it is neglected in the analysis below.

209 When computing (lagged) regression coefficients, we test their significance
 210 using the “random phasing” method of Ebisuzaki (1997) to take into account
 211 the strong autocorrelation of many quantities. To this end, we construct 1000
 212 surrogate time series of the regressor, which have identical Fourier spectra but
 213 differ in their randomly chosen phases for each frequency. After repeating the
 214 regression for each of these surrogate time series, we consider regression coeffi-
 215 cients significant at the (two-tailed) 95% confidence level if they are larger than
 216 the 97.5th or smaller than the 2.5th percentile of the resulting distribution.

217 **3 Results: AMOC oscillations in PlaSim–LSG**

218 **3.1 Life cycle of salinity and circulation anomalies**

219 The 3000-year time series of AMOC strength of the control simulation is shown
 220 in Fig. 2a. AMOC strength has a mean of 19.5 Sv and varies on multicentennial
 221 timescales with a peak-to-peak amplitude of about 3–4 Sv. AMOC strength at
 222 the maximum of the overturning cell is in phase with the AMOC at 26.5°N,
 223 although oscillations are weaker there.

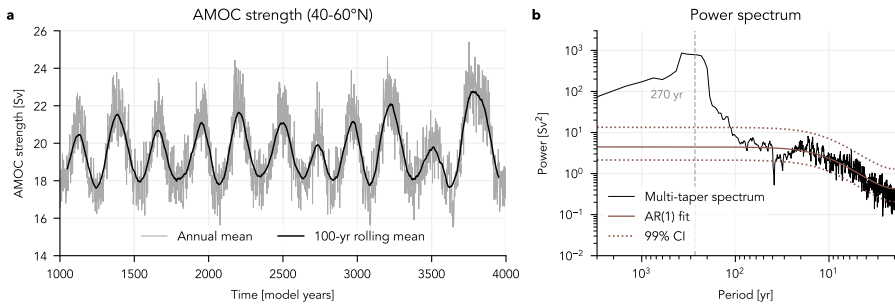


Fig. 2 AMOC strength (40–60°N) in the PlaSim–LSG control simulation: (a) annual mean and smoothed time series after applying a 100-year rolling mean, (b) multi-taper power spectrum of the annual mean time series. The AR(1) fit and 99% confidence intervals were obtained from the median-smoothed spectrum with a smoothing window $\Delta f_{\text{smooth}} = 0.05 \text{ yr}^{-1}$ following Appendix A2 of [Mann and Lees \(1996\)](#).

224 Multicentennial variability of the AMOC is characterized by regular, sinu-
 225 soidal oscillations with similar amplitude throughout the control simulation.
 226 Their mean period is about 270 years as determined from the first maximum
 227 of the autocorrelation function. In the power spectrum (Fig. 2b), the oscilla-
 228 tions are represented by a remarkably high peak in the range between 200 and
 229 400 years, which exceeds the 99% significance threshold by nearly two orders
 230 of magnitude. It is the only peak in the spectrum to exceed the threshold,
 231 indicating the absence of spectrally consistent unforced variability on shorter
 232 timescales.

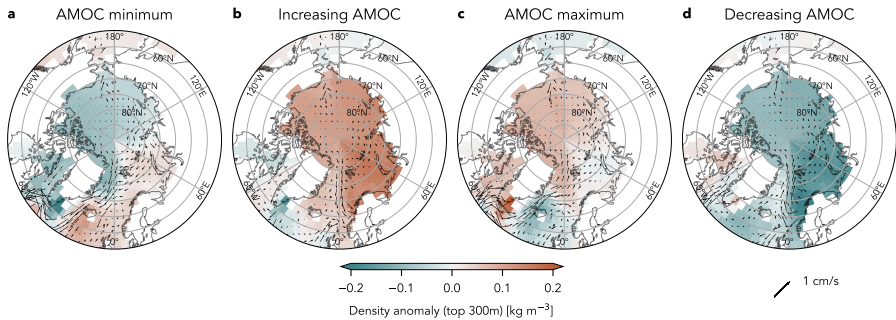
233 **3.1.1 Salinity-driven density anomalies**

Fig. 3 Composites of density anomalies (gridded) and velocity anomalies (arrows) in the top 300m of the ocean for four AMOC phases. Each composite is obtained from 21 consecutive years per oscillation cycle. The full Atlantic basin is shown in Fig. S5.

234 The AMOC variability in our control simulation is accompanied by strong
 235 near-surface density changes in the mid- and high latitudes. Fig. 3 shows com-
 236 posites of density anomalies for the four phases of an AMOC oscillation, each
 237 obtained from a 21-year interval per oscillatory cycle. The strongest positive
 238 density anomalies occur in the Labrador Sea at the AMOC maximum, as well
 239 as in the Norwegian Sea and the Barents/Kara (BK) sea during the increasing
 240 AMOC phase. The two former regions are close to the main areas of convec-
 241 tive activity in the North Atlantic (Fig. 4d). Compared to these regions, in
 242 the South Atlantic and in the Southern Ocean typical density (Fig. S5) and
 243 salinity anomalies (Fig. S6) are about one order of magnitude smaller. There-
 244 fore, it appears unlikely that these regions in the southern hemisphere play a
 245 significant role in driving variability in the North Atlantic, and we focus on
 246 processes in the northern hemisphere in the following.

247 We decompose density anomalies into a salinity contribution ρ'_s and a tem-
 248 perature contribution ρ'_θ using (3); then, we average them regionally and over
 249 the upper 300 meters. Lag regression analysis (Fig. 4a–c) shows that the salin-
 250 ity contribution is almost in phase with the total density anomaly in the regions

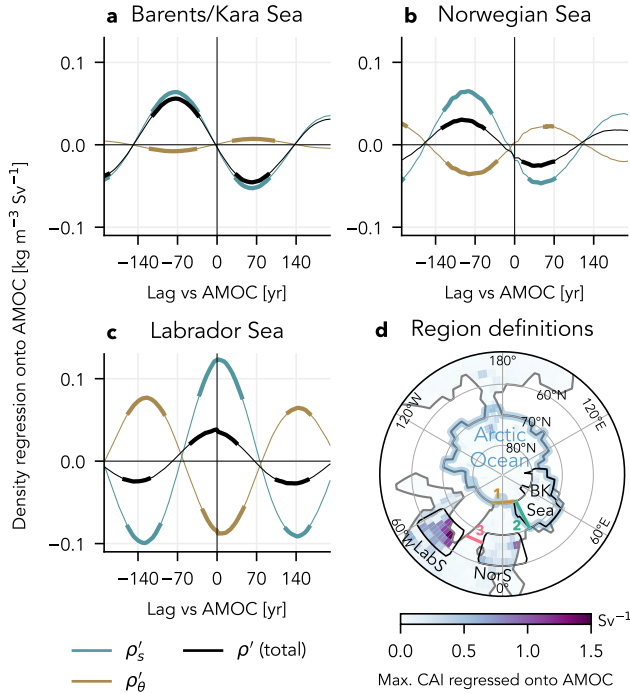


Fig. 4 a–c) Lag regression of ocean density anomalies ρ' (black), ρ'_s (turquoise) and ρ'_θ (brown), integrated regionally and over the top 300m. Thick lines indicate significant regression coefficients at the 95% confidence level. Negative (positive) lag means that densities lead (lag) the AMOC. d) Variations in convection, given by the maximum lagged regression coefficient of total convective adjustments per column and timestep (convective adjustment index, CAI) onto AMOC strength. Ocean regions used in this article are indicated by the blue and black boxes (BK Sea = Barents/Kara Sea, LabS = Labrador Sea, NorS = Norwegian Sea), and straits are marked by numbers: 1 = Fram strait, 2 = Barents section, 3 = Denmark strait

251 with the strongest density changes. The temperature contribution is weaker
 252 and has the opposite phase. Hence, in all three regions analyzed in Fig. 4, near-
 253 surface density changes are driven by salinity rather than temperature changes.
 254 In the Arctic Ocean, density changes are completely governed by salinity, while
 255 the temperature contribution can be neglected, as can be expected at sea sur-
 256 face temperatures near freezing (Aagaard and Carmack, 1989). Therefore, we
 257 focus on salinity changes as a driver of near-surface density in the following.

258 The maximum of ρ'_s leads the AMOC by about a quarter of a period
 259 (73 years) in the BK sea, while it occurs slightly after the AMOC maximum

260 (lag +2 years) in the Labrador Sea. In the Norwegian Sea, the maximum
 261 occurs at lag -82 years. While we expect salinity in the Labrador Sea to be
 262 roughly in phase with the AMOC because an enhanced AMOC means that
 263 more salty water is transported here from the lower latitudes, the phase lags
 264 in the Nordic Seas and the Barents Sea are less straightforward to interpret. In
 265 particular, salt transport is determined not only by local salinity but also by
 266 changes in circulation, which are significant during PlaSim–LSG oscillations.
 267 This interaction will be investigated in the following section.

268 3.1.2 Decomposition of freshwater transport

269 To disentangle the effects of salinity and circulation changes on freshwater
 270 export from the Arctic Ocean, we decompose anomalies of the liquid freshwa-
 271 ter flux at the Fram strait and the Barents section into advection of salinity
 272 anomalies by the mean current Φ'_s (6) and transport of mean salinity by cur-
 273 rent anomalies Φ'_u (7). We integrate only over the top 300 m because of the
 274 shallow depth of the Barents sea and because circulation changes in the Fram
 275 strait are mostly barotropic (Fig. S7).

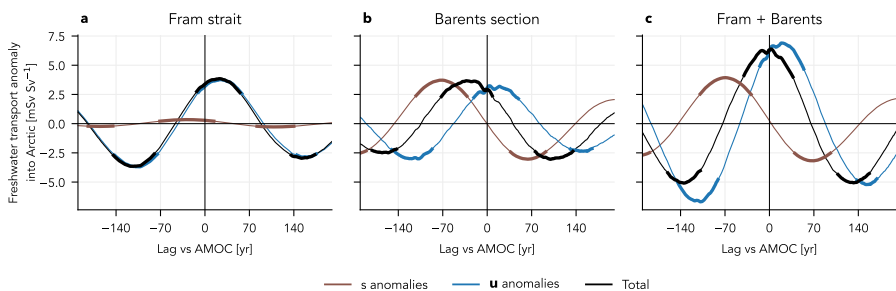


Fig. 5 Lag regression of liquid freshwater flux anomalies (black), Φ'_s (brown) and Φ'_u (blue) onto AMOC strength for (a) the Fram strait, (b) the Barents section, and (c) the total of both sections. Thick lines indicate significant regression coefficients at the 95% confidence level. Negative (positive) lag means that the freshwater flux time series leads (lags) the AMOC. All quantities are integrated over the top 300 m here; integrals over the full depth are shown in Fig. S7.

276 Lag regression of Φ'_s and Φ'_u onto AMOC strength is shown in Fig. 5. Fresh-
 277 water transport change in the Fram strait is almost completely determined by
 278 Φ'_u , while Φ'_s and Φ'_u have a similar amplitude in the Barents section. Φ'_s in
 279 the Barents section is in phase with the salinity anomaly in the entire BK sea
 280 (cf Figs. 5b and 4a). For both sections combined, Φ'_s leads the AMOC by 62
 281 years and Φ'_u lags the AMOC by 23 years, while the total freshwater flux is in
 282 phase with the AMOC. Since the mean freshwater flux is negative (-30 mSv
 283 for the top 300 m of Fram strait and Barents section combined), this means
 284 that freshwater export from the Arctic is at its minimum during an AMOC
 285 maximum. The phase of Φ'_u can be explained to a first order by geostrophic
 286 flow, with the gradient of sea surface height (SSH; Fig. S8), which is driven
 287 by freshwater anomalies in the same way as near-surface salinity, determining
 288 circulation anomalies in the upper ocean. The SSH and salinity gradients are
 289 especially large in the eastern Fram strait, where circulation anomalies indeed
 290 appear to run parallel to density anomaly isolines (Fig. 3).

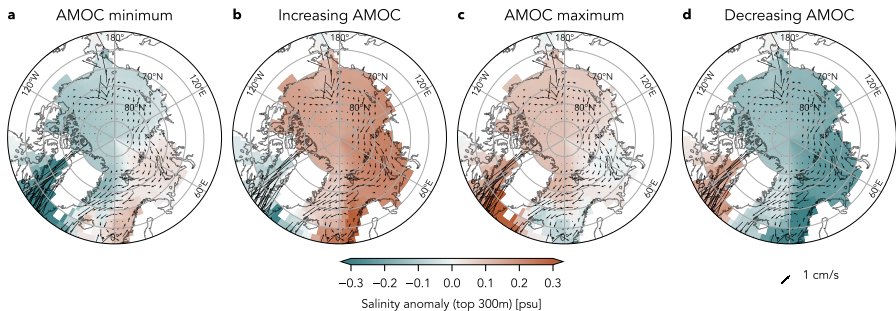


Fig. 6 Composites of salinity anomalies for four AMOC phases in the top 300m. Arrows show the climatological mean velocity in the top 300m of the ocean and are identical in all panels.

291 From Fig. 5c, it may seem that the contribution of salinity and current
 292 anomalies cancel out at about lag -70 years. However, this is only true locally.
 293 South of the Fram strait and Barents section, salinity anomalies advected

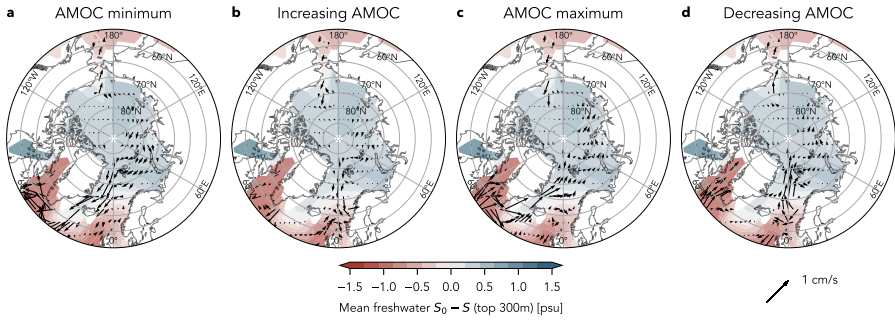


Fig. 7 Composites of velocity anomalies for four AMOC phases in the top 300m. Contours show the climatological mean freshwater $S_0 - S$ ($S_0 = 33.8$ psu) in the top 300m and are identical in all panels.

294 by the mean current and current anomalies transporting mean freshwater
 295 are exported to different locations. Hence, the two components of Φ'_{liq} affect
 296 different regions of the North Atlantic and the Nordic Seas. This can be demon-
 297 strated by applying the decomposition (5) to each gridpoint. Fig. 6 visualizes
 298 salinity anomalies overlaid by the mean current, while Fig. 7 shows mean
 299 freshwater $S_0 - S$ overlaid by current anomalies. Approximate local values for
 300 Φ'_s and Φ'_u can be obtained by multiplying the two fields in each plot. Lag
 301 -70 years is within the increasing AMOC phase. Here, current anomalies drive
 302 an enhanced transport of freshwater southward to the Norwegian Sea (Fig.
 303 7b), while the positive salinity anomalies in Fig. 6b are advected to the Den-
 304 mark strait along the East Greenland Current, causing an export of salt from
 305 the high latitudes (i.e., an input of freshwater into the Arctic region). The dif-
 306 ferent export locations of Φ'_s and Φ'_u are crucial for the salinity cycle described
 307 in Sec. 3.1.1, since no salinity reinforcement to the AMOC could be provided
 308 in the Labrador Sea if Φ'_u and Φ'_s were balanced out everywhere.

309 This pathway along the mean East Greenland Current is supported by the
 310 presence of a pronounced salinity-induced density anomaly in the Denmark
 311 strait at lag -30 years (Fig. S9). This salinity maximum is located below the
 312 surface layers because the mean current has a negative vertical component

313 of the order of 10^{-6} m s^{-1} in the northern Greenland Sea, where convection
 314 is practically absent. This means that it is four orders of magnitude smaller
 315 than the horizontal current, equivalent to a downwelling of about 200 m along
 316 a distance of 2000 km between the Barents section and the Denmark strait.
 317 Finally, Figs. 7b and 6b show that the salinity anomaly off the coast of Norway
 318 does not significantly contribute to the Arctic–North Atlantic salinity cycle,
 319 since current anomalies point towards the Norwegian Sea during the increas-
 320 ing AMOC phase, and the salinity anomaly is mostly circulated within the
 321 Norwegian Sea.

322 **3.2 $P-E$ changes as driver for PlaSim–LSG oscillations**

323 We demonstrated that near-surface salinity anomalies in the BK amplify
 324 AMOC oscillations, which would otherwise taper off. We now investigate the
 325 role of net surface freshwater flux in driving these salinity anomalies.

326 **3.2.1 Role of Arctic $P-E$ in the control simulation**

327 First, we examine the contributions of $P-E+\langle R \rangle$ and sea ice thickness changes
 328 to salinity in the BK sea in the control simulation. To this end, we diagnose
 329 salinity tendencies \dot{s} related to $P-E+\langle R \rangle$ and to changes in sea ice volume
 330 at each timestep online within LSG. In the model, the surface freshwater flux
 331 only affects salinity in the uppermost layer, but subsequently interacts with
 332 deeper layers through advection, diffusion or convection.

333 Fig. 8 shows integrated annual mean anomalies of the diagnosed salinity
 334 tendencies (total tendencies, those related to $P-E+\langle R \rangle$, and those related
 335 to sea ice)

$$\Delta s(t_0) = \int_{t_0}^{t_0+\Delta t} \dot{s}'(t) dt \quad (8)$$

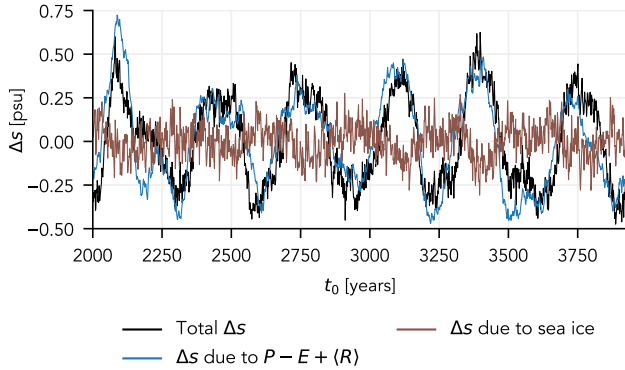


Fig. 8 Integrated annual mean salinity tendency anomalies (8) with $\Delta t = 70$ years in the uppermost layer of LSG (depth 50 m) in the BK sea. Salinity tendencies were diagnosed online in a separate 2000-year simulation (after 2000-year spinup) with an identical setup to the simulation presented in Sec. 2.1.

336 over an interval $\Delta t = 70$ yr. Integration is performed to isolate the contribution
 337 to centennial-scale variability, which is clearly visible in the integrated time
 338 series. Hence, Δs can be interpreted as “low-frequency salinity changes”.

339 In the BK sea, $\Delta s_{P-E+\langle R \rangle}$ is very closely related to Δs_{total} ($r = 0.83$,
 340 $p = 0.001$), while sea ice-induced low-frequency salinity changes are weaker
 341 and tend to oppose the total salinity change ($r = -0.42$, $p = 0.08$). The
 342 residual between the total and the $P - E + \langle R \rangle$ -related salinity changes is not
 343 significantly correlated with Δs_{total} ($r = 0.19$, $p = 0.34$), making $P - E + \langle R \rangle$
 344 a plausible driver for salinity changes in the BK sea.

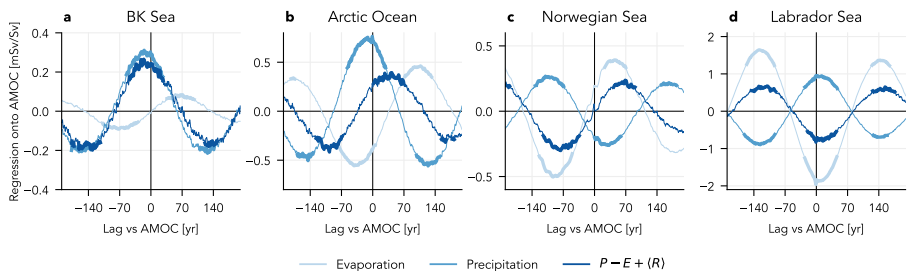


Fig. 9 Lag regression of precipitation, evaporation and $P - E + \langle R \rangle$ onto AMOC strength for different ocean regions. Here, we use the sign convention that downward fluxes are positive (precipitation is positive, evaporation is negative). Thick lines indicate significant regression coefficients at the 95% confidence level. Negative (positive) lag means that the freshwater flux time series leads (lags) the AMOC. Note that the y-axes have different scales.

345 Assessing P and E separately, the magnitude of precipitation changes is
346 larger than that of evaporation changes over the entire Arctic Ocean, but
347 especially in the BK sea (Fig. 9a–b). This is in contrast to the convective
348 regions of the North Atlantic, where $P - E$ changes are evaporation-driven
349 (Fig. 9c–d). Because $P - E$ is determined by the convergence of the moisture
350 flux \mathbf{Q} ($P - E = -\nabla \cdot \mathbf{Q}$) on annual and longer timescales (Peixoto and Oort,
351 1992), the freshwater anomaly over the Arctic Ocean can be directly related
352 to an anomaly in moisture transport towards the Arctic. During an AMOC
353 maximum, this moisture transport strengthens especially over the Irminger
354 and Greenland Seas, fueled by positive evaporation anomalies over the central
355 North Atlantic (Fig. S10). These evaporation anomalies are in turn associated
356 with North Atlantic SST anomalies of up to 2 K at the AMOC maximum.
357 In addition, we computed a simple moisture budget over the region north of
358 75°N following the method of Schär et al (1999) to evaluate the importance
359 of evaporation changes within the Arctic on modulating Arctic precipitation.
360 The budget reveals that, in the annual mean, 16% of Arctic precipitation is
361 sourced from evaporation over the same region, and this value does not differ
362 significantly between different phases of the AMOC (not shown). Hence, a
363 significant influence of sea ice-driven evaporation anomalies on more localized
364 precipitation anomalies (such as in the BK sea) appears to be unlikely.

365 **3.2.2 Sensitivity to Arctic $P-E$ changes**

366 While the data analysis suggests that Arctic $P - E$ changes are the key atmo-
367 spheric feedback in driving multicentennial AMOC variability in PlaSim-LSG,
368 we seek for a more rigorous way to test this hypothesis by performing a set of
369 sensitivity experiments. To this end, we varied the scaling factor c for monthly
370 $P - E$ anomalies in the Arctic Ocean as described in Sec. 2.1 between 0 and
371 4, with $c = 1$ corresponding to the original simulation analyzed above.

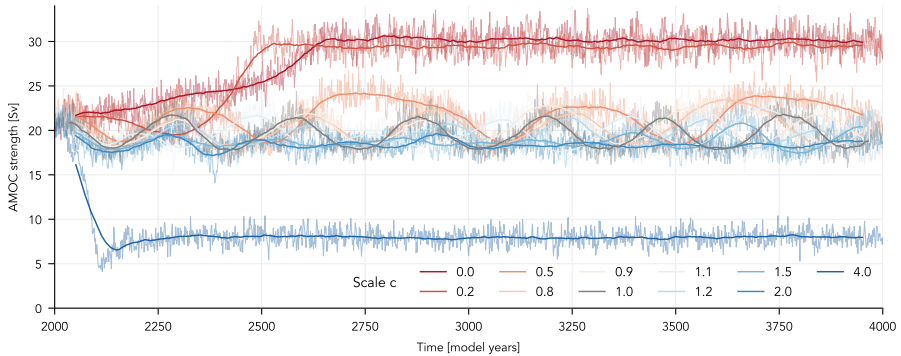


Fig. 10 AMOC strength (40–60°N) for the sensitivity experiments, using different freshwater scaling factors c over the Arctic Ocean. Light curves in the background show the annual mean time series and dark curves the 100-year running mean. The reference time series corresponding to the last 2000 years of the control simulation ($c = 1$) is shown in grey.

372 The 2000-year AMOC time series of these sensitivity experiments are shown
 373 in Fig. 10. For small scaling factors, i.e., approaching a relaxation towards the
 374 $P - E$ climatology, the AMOC slowly transitions to a very strong (around
 375 30 Sv) state without multicentennial oscillations. For large scaling factors
 376 (here: $c = 4$), AMOC strength rapidly decreases and the overturning cell col-
 377 lapses north of about 45°N within 150 years. The stability of these two regimes
 378 can be assessed by resetting c to 1 after the system has approached its new
 379 equilibrium following the initial perturbation. While the strong AMOC state
 380 appears to be unstable and the AMOC returns to the attractor of the control
 381 simulation, the AMOC does not recover from its collapsed state within 2000
 382 years (Fig. S11). This behavior is a strong indicator of bistability.

383 Multicentennial oscillations occur for a wide range of intermediate scaling
 384 factors, between 0.5 and 2 in the set of experiments performed here. Within
 385 this range, both the period and the amplitude decrease significantly with an
 386 increasing amplitude of Arctic freshwater forcing (Fig. S12). While the change
 387 in amplitude is probably related to slow feedback processes, longer periods for
 388 smaller c are consistent with the mechanism of $P - E$ -driven salinity anomalies:

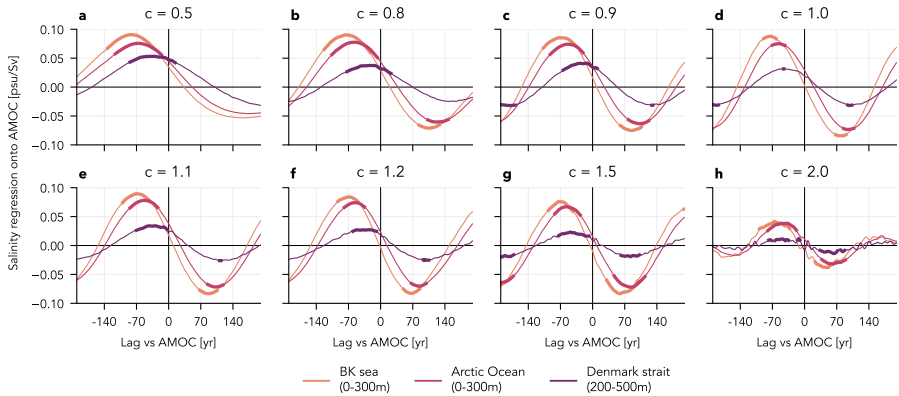


Fig. 11 Lag regression of salinity in three different regions onto AMOC strength for different scaling factors c . Thick lines indicate significant regression coefficients at the 95% confidence level.

389 it takes longer for Arctic salinity anomalies to build up under weaker low-
 390 frequency freshwater forcing. The second timescale at play is illustrated by
 391 the lag correlation between salinity and AMOC strength for different scaling
 392 factors (Fig. 11). Near-surface salinity in the BK sea and sub-surface salinity
 393 in the Denmark strait robustly lead the AMOC by 65 to 85 years and 10 to
 394 50 years, respectively, with no apparent dependence on c . This supports the
 395 assumption that the reinforcement for the AMOC is provided by salt advection
 396 from the Arctic Ocean via the Nordic seas and that the corresponding timescale
 397 is determined by the mean circulation in this region. The maximum of BK
 398 sea near-surface salinity regression onto AMOC strength is also remarkably
 399 similar across different ensemble members for $0.5 \leq c \leq 1.5$, indicating good
 400 predictive power of BK sea salinity for AMOC strength.

401 4 Interpretation using a three-box model

402 According to our analysis of the control simulation and to the sensitivity
 403 experiments, the central element of the mechanism for AMOC oscillations
 404 in PlaSim-LSG is the feedback between high-latitude $P - E$, Arctic Ocean

405 salinity and AMOC strength. To test whether this mechanism is sufficient to
 406 explain the existence of oscillations, we illustrate the main processes at play
 407 with a simple three-box model based on the canonical two-box model for the
 408 thermohaline circulation by [Stommel \(1961\)](#). In the Stommel model, the two
 409 boxes symbolize well-mixed subtropical and North Atlantic ocean basins, with
 410 a temperature difference $T = T_s - T_{NA}$ and a salinity difference $S = S_s - S_{NA}$
 411 ($T, S > 0$, i.e., the subtropical Atlantic is warmer and more saline than the
 412 North Atlantic). The density-driven flow $\Psi = T - S$ between the two boxes is
 413 identified as AMOC strength, which is positive for a thermally driven AMOC
 414 and negative for a salinity-driven AMOC (see e.g. Chapter 3 of [Dijkstra, 2005](#),
 415 for a thorough description of the original Stommel model and its solutions).

416 For a minimal extension of Stommel’s model to represent the mechanism
 417 described here, we introduce a third box representing the Arctic Ocean, which
 418 has a salinity anomaly S_a . The two drivers of this salinity anomaly are Arctic
 419 $P - E$ anomalies and the transport of Arctic salinity anomalies into the North
 420 Atlantic; the latter corresponding to the Φ'_s term in the PlaSim–LSG analysis.
 421 Following our reasoning from above, $P - E$ anomalies are in turn driven by the
 422 integral of moisture flux anomalies at the boundary of the Arctic region. For
 423 simplicity, we assume that these moisture flux anomalies, and therefore Arctic
 424 $P - E$, follow a linearized thermodynamic scaling (in the sense of [Held and
 425 Soden, 2006](#)) proportional to North Atlantic temperature anomalies $T'_{NA} =$
 426 $T_s - T - \bar{T}_{NA} = T_c - T$. Here, \bar{T}_{NA} denotes the time mean of T_{NA} , such that
 427 $T_s - \bar{T}_{NA}$ can be expressed in terms of a single constant T_c .

428 To capture the difference in timescales between the Arctic and the North
 429 Atlantic, we formulate the three-box model as a fast-slow system:

$$\frac{dT}{dt} = \eta_1 - T(1 + |\Psi|) \quad (9)$$

$$\frac{dS}{dt} = \eta_2 - S(\eta_3 + |\Psi|) - S_a \quad (10)$$

$$\frac{dS_a}{dt} = \varepsilon[\gamma(T - T_c) - S_a], \quad (11)$$

430 where γ is the atmospheric coupling strength of the Arctic hydrological cycle
 431 to the North Atlantic and $\varepsilon < 1$ is the timescale of salinity changes in the
 432 Arctic, i.e., the AMOC is the fast and the Arctic Ocean the slow component.
 433 We also carry over the parameters η_i of the original [Stommel \(1961\)](#) model,
 434 where η_1 can be interpreted as the strength of the temperature forcing at the
 435 surface, η_2 as the strength of the salinity forcing at the surface, and η_3 as the
 436 ratio between the timescales for salinity and temperature restoration ([Dijkstra,](#)
 437 [2005](#)). Assuming T_s and therefore T_c to be constant is in good agreement
 438 with PlaSim-LSG, where subtropical ocean temperatures only change by some
 439 tenths of a degree during one oscillatory cycle. Several sets of parameters can
 440 be found for which oscillations of S_a and Ψ occur in the three-box model. To be
 441 consistent with the present-day AMOC, which is thermally driven ([Rahmstorf,](#)
 442 [2002](#)), we impose that Ψ must be positive in the original Stommel model,
 443 i.e., for $\gamma \rightarrow 0$. In addition, ε is chosen such that the Arctic Ocean timescale
 444 is larger, but still on the same order of magnitude as the AMOC timescale.
 445 For smaller ε , we would obtain a relaxation oscillator more reminiscent of
 446 millennial variability in a glacial climate ([Crucifix, 2012](#)), while the oscillations
 447 in PlaSim-LSG are practically symmetric with respect to their ascending and
 448 descending phases.

449 In Fig. [12a](#), we show trajectories for different values of γ using one set of
 450 parameters that fulfills these criteria ($\eta_1 = 2$, $\eta_2 = 0.6$, $\eta_3 = 0.3$, $\varepsilon = 0.25$,
 451 $T_c = 1.8$). In this configuration, the box model exhibits three AMOC regimes
 452 (Fig. [12b](#)): for $\gamma = 0$, we recover the original Stommel model with a non-
 453 oscillating, thermally driven AMOC. As γ increases, the globally attractive

454 fixed point gradually shifts towards smaller values of Ψ before the system
455 undergoes a Hopf bifurcation and oscillations occur. For sufficiently high values
456 of γ , another stable fixed point appears for which $\Psi < 0$, corresponding to a
457 state without deep-water formation in the North Atlantic. The limit cycle and
458 this stable fixed point on the lower branch coexist for $\gamma \gtrsim 1.8$, but the basin
459 of attraction of the limit cycle becomes smaller with increasing γ , leading to
460 different attractors for $\gamma = 2$ and $\gamma = 2.5$ in Fig. 12, which are both in the
461 bistable regime (Fig. 13a). For $\gamma = 2$, the fixed point and the limit cycle, which
462 are reached from different initial conditions, are depicted in Fig. 13b.

463 Our simple three-box model demonstrates that the interplay of AMOC
464 strength, Arctic Ocean salinity and high-latitude precipitation can in theory be
465 sufficient to explain oscillatory behavior of the AMOC. In addition, it captures
466 two main features of PlaSim-LSG oscillations. First, salinity in the Arctic
467 Ocean leads $T - S$ (Fig. 12c). Second, for a given initial condition, oscillations
468 can only be maintained if the amplitude of Arctic $P - E$ changes is not too
469 small or too large. The collapsed state and the oscillating state coexist in the
470 box model for a wide range of parameters, analogously to the bistable behavior
471 of the AMOC in PlaSim-LSG. To explain other features like the change in
472 amplitude and periodicity in the sensitivity experiments, more complex models
473 are likely needed.

474 5 Discussion and conclusions

475 EMICs are an attractive tool for studying centennial-scale AMOC variability,
476 as trading off model complexity for computational cost allows to probe physical
477 mechanisms thoroughly. In this study, we have shown that regular multicen-
478 tennial AMOC oscillations occur in one such EMIC, PlaSim-LSG (Fig. 2).
479 Combining analysis of the control simulation and sensitivity experiments, we

480 identified low-frequency variations in high-latitude $P - E$ as the main atmo-
481 spheric feedback driving these oscillations. $P - E$ variations over the Arctic
482 Ocean can be linked to changes in moisture transport to the Arctic from lower
483 latitudes (Fig. S10). All of high-latitude precipitation, moisture transport to
484 the Arctic and evaporation in the North Atlantic are lowest during a weak
485 AMOC phase (Sec. 3.2.1), when a cold anomaly in near-surface temperatures
486 persists across the northern mid- and high latitudes. The ensuing negative
487 Arctic $P - E$ anomaly leads to the build-up of a positive salinity anomaly in
488 the Arctic Ocean, particularly in the BK sea (Fig. 8). This salinity anomaly is
489 transported by the mean current to the Greenland Sea and reaches the North
490 Atlantic within approximately 70 years (Fig. 6). Here, the salinity anomaly
491 provides the reinforcement that strengthens the AMOC. When the AMOC
492 transitions to a strong phase, atmospheric temperatures rise and the opposite
493 phase of the cycle starts.

494 We proposed a simple Stommel-type three-box model to demonstrate that
495 this mechanism may explain regular oscillations of the AMOC in a physically
496 plausible way. The results of our sensitivity experiments with PlaSim-LSG
497 underlined the robustness of the mechanism at play and unveiled additional
498 features like the characteristic timescales and bistability.

499 To our knowledge, this is the first study in which high-latitude precip-
500 itation is identified as a potential atmospheric feedback for multicentennial
501 AMOC oscillations. Nevertheless, it shares many elements with previously pro-
502 posed mechanisms. In particular, freshwater anomalies in the Arctic Ocean
503 have also been identified as the central driver of multicentennial AMOC oscil-
504 lations in IPSL-CM6A-LR (Jiang et al, 2021) and EC-Earth3 (Meccia et al,
505 2022), although freshwater anomalies are driven by changes in sea ice there in
506 contrast to $P - E$ in PlaSim-LSG. It is likely that these different drivers can

507 be attributed to the different background climate state in PlaSim-LSG com-
508 pared to these state-of-the-art models. In particular, sea ice concentration in
509 the PlaSim-LSG control simulation is much lower than in CMIP6 piControl
510 simulations and more akin to that of the last interglacial (Fig. S2b; [Otto-](#)
511 [Bliesner et al, 2021](#)), when global mean temperatures were about 2 °C higher
512 than during the preindustrial period ([Turney and Jones, 2010](#)). This makes it
513 unlikely that the mechanism proposed here plays a significant role in the prein-
514 dustrial or present-day climate. However, it highlights a possible mechanism
515 for maintaining multicentennial AMOC variability in warmer climate states
516 with a lower mean and variability of sea ice, in which the relative importance
517 of moisture transport variations could become more important.

518 A similar precipitation–salinity–AMOC feedback to the one proposed here
519 had previously been discussed by [Vellinga and Wu \(2004\)](#), but in the sub-
520 tropical Atlantic. In their model, the subtropical precipitation anomaly signal
521 due to an ITCZ shift dominated over a precipitation signal in the Nordic Seas
522 (their Fig. 6c). In contrast, the absence of clear salinity anomalies linked to
523 the ITCZ in PlaSim-LSG might be explained by differences in resolution or
524 convective parametrization. Overall, a mechanism involving advection of salin-
525 ity anomalies from the subtropical Atlantic, the South Atlantic or even the
526 Southern Ocean seems very unlikely in PlaSim-LSG due to the comparatively
527 small amplitude of salinity and temperature changes in these regions (Fig.
528 S6). While the absence of Antarctic sea ice, which is crucial for sustaining
529 low-frequency oscillations in the Southern Ocean ([Park and Latif, 2008](#)), in
530 our simulation may over-emphasize the role of the northern hemisphere, our
531 results add to a growing body of literature (e.g., [Vellinga and Wu, 2004](#); [Jiang](#)
532 [et al, 2021](#); [Waldman et al, 2021](#); [Li and Yang, 2022](#); [Meccia et al, 2022](#)) which
533 demonstrates how centennial-scale AMOC variability can be driven without a

534 significant contribution from the southern hemisphere, even in models with a
535 realistic Antarctic sea ice climatology. This is consistent with the recent results
536 of [Askjær et al \(2022\)](#), who showed that multicentennial surface temperature
537 variability in both proxy records and transient climate model simulations of
538 the Holocene is most pronounced in the northern hemisphere high latitudes.

539 Aside from the sea ice climatology, the main limitations of PlaSim–LSG
540 are its low resolution which affects the North Atlantic storm track ([Dong and](#)
541 [Valdes, 2000](#)), and more importantly that local runoff into the oceans and sea
542 ice dynamics are not (adequately) represented. In our simulation, runoff into
543 the Arctic Ocean tends to be in phase with high-latitude precipitation such
544 that we would expect it to amplify the $P - E$ anomalies, strengthening the
545 atmosphere–ocean feedback outlined above. While the potential effect of sea
546 ice dynamics is harder to gauge, we would not expect it to alter the mecha-
547 nism proposed here significantly, since it can only affect salinity anomalies in
548 the Arctic Ocean indirectly by controlling the availability of sea ice ([Meccia](#)
549 [et al, 2022](#)). However, we showed that the sea ice contribution to these salinity
550 anomalies in PlaSim–LSG is less important than the $P - E$ contribution (Fig.
551 8). Finally, we note that – similar to CMIP6 models but in contrast to some
552 EMICs – PlaSim–LSG does not consider any coupling to ice sheets, whose
553 freshwater discharge has been suggested to amplify multicentennial climate
554 variability ([Bakker et al, 2017](#)).

555 Since centennial-scale AMOC oscillations have previously been reported in
556 various versions and setups of LSG ([Mikolajewicz and Maier-Reimer, 1990](#);
557 [Pierce et al, 1995](#); [Timmermann et al, 1998](#); [Hertwig et al, 2015](#)) involving
558 different mechanisms, we strongly suspect that LSG has features which favor
559 such oscillations. In particular, LSG is known to be highly diffusive ([Maier-](#)
560 [Reimer et al, 1993](#)), even though the original upstream advection scheme

561 has been replaced in the current version, and our control simulation used an
562 even higher value for upper-ocean vertical diffusivity than the original [Bryan
563 and Lewis \(1979\)](#) scheme. While other studies have pointed out the impor-
564 tance of the oceanic mixing parametrization for unforced AMOC oscillations
565 ([Peltier and Vettoretti, 2014](#)) and for AMOC hysteresis ([Prange et al, 2003](#)),
566 we demonstrated how strongly the upper ocean vertical diffusivity can con-
567 trol not only the mean state, but also low-frequency variability of the AMOC
568 (Fig. 1). This highlights the need to investigate the role of (vertical) mixing
569 on multicentennial AMOC variability further in more complex models.

570 In conclusion, our study has at least two implications for the study of mul-
571 ticentennial AMOC variability in state-of-the-art models. First, the parallels
572 between the mechanisms proposed by [Jiang et al \(2021\)](#) and [Meccia et al \(2022\)](#)
573 and the one described here make us confident that PlaSim–LSG can serve as a
574 testbed for advancing the understanding of multicentennial AMOC variability
575 in CMIP6 models. For example, PlaSim–LSG could be used to design targeted
576 sensitivity experiments for computationally more expensive models, while its
577 apparent bistability could serve as a starting point to explore the interplay
578 between AMOC stability ([Weijer et al, 2019](#)) and the existence of an oscillat-
579 ing AMOC state. Second, we provided evidence that high-latitude $P - E$ can
580 be a plausible driver of multicentennial AMOC oscillations. It appears that a
581 warm background climate state in which the Arctic has significantly less sea
582 ice than in the preindustrial climate would be required for such a $P - E$ -driven
583 mechanism to maintain AMOC variability, since the sea ice contribution to
584 low-frequency freshwater flux variations dominates over the $P - E$ contribu-
585 tion in models with a more realistic preindustrial sea ice climatology (e.g.,
586 in [Jiang et al, 2021](#)). For example, the mechanism proposed here could have

acted during the last interglacial, but it is also a candidate to maintain low-
frequency AMOC oscillations once sea ice variability decreases under global
warming. Investigating this state-dependence of multicentennial AMOC vari-
ability, which has largely been unexplored so far, is an intriguing avenue for
future work with models of different complexity.

Supplementary information. Supplementary figures (Figs. S1–S12) are provided in Online Resource 1.

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Declarations

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Competing interests. The authors declare that they have no relevant financial or non-financial interests to disclose.

Authors' contributions. All authors contributed to the study conception and design. Model simulations were carried out by MA and OM. JvH and OM developed the box model. OM analyzed the data and prepared the figures. All authors participated in the interpretation and discussion of the results. OM prepared the first draft of the manuscript and all authors contributed to further revised versions of the manuscript. All authors read and approved the final manuscript.

Code and data availability. The PlaSim–LSG code employed for the control simulation is available on GitHub (<https://github.com/jhardenberg/PLASIM>) and archived at <https://doi.org/10.5281/zenodo.4041462>. Annually averaged model output fields as well as code and data to reproduce all figures are available at <https://doi.org/10.5281/zenodo.6797274>.

Ethical Approval. Not applicable.

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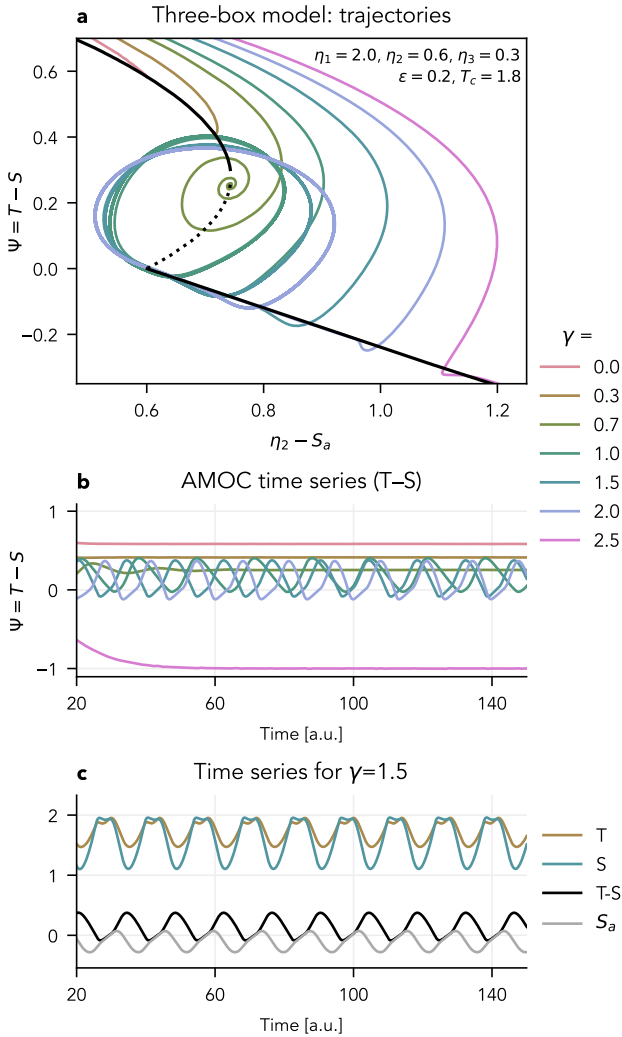


Fig. 12 Projected trajectories of the three-box model: AMOC strength Ψ as a function of $\eta_2 - S_a$ for different values of γ . The other parameters used here are $\eta_1 = 2$, $\eta_2 = 0.6$, $\eta_3 = 0.3$ and $T_c = 1.8$. Since η_2 is often identified as (surface) freshwater flux into the North Atlantic in the original Stommel model, $\eta_2 - S_a$ can be interpreted as modified freshwater flux to the North Atlantic. In a), the bifurcation diagram (i.e., steady-state solutions for different values of η_2) of the original Stommel model ($\gamma = 0$, $S_a = 0$) is shown in black. It can be shown that this black line approximates the fast manifold of the three-box model. In b) and c), time is in arbitrary units (a.u.).

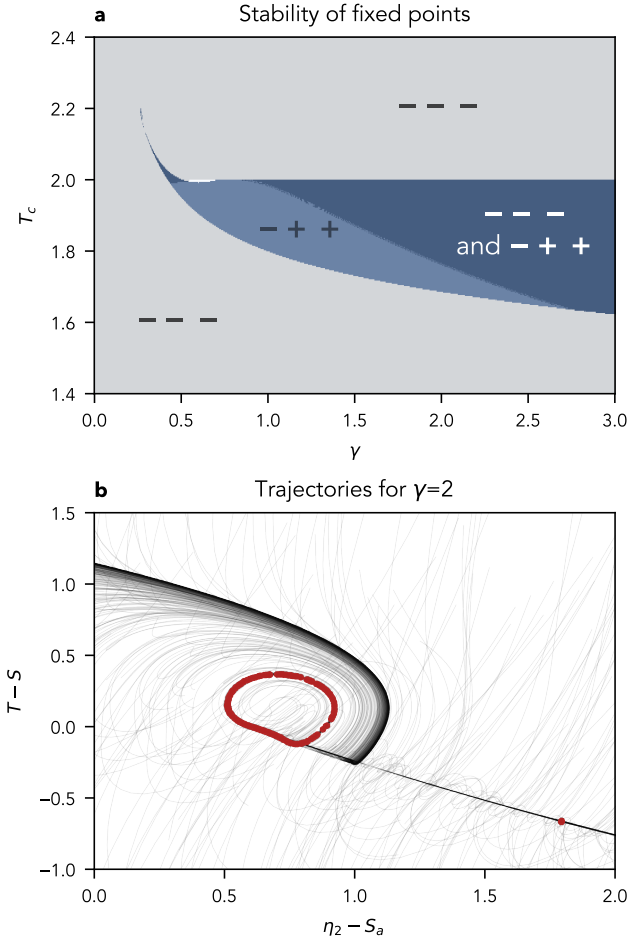


Fig. 13 Bistability in the three-box model: (a) Sign of the real part of the eigenvalues of the Jacobian at the fixed points of (9)–(11) as a function of γ and T_c . The bistable range is shown in dark blue, where one stable fixed point ($---$) and one unstable fixed point with complex conjugate eigenvalues ($-++$) coexist. (b) Ensemble of 1000 trajectories starting from different initial conditions for $T_c = 1.8$ and $\gamma = 2$. Red dots mark the state of each solution at $t = 400$. All other parameters are as in Fig. 12a.

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